



SURPRISE VIEW

SEPTEMBER 2021



THE CHURCH MAGAZINE OF KIRKBYMOORSIDE – GILLAMOOR FADMOOR - FARNDALE - BRANSDALE - EDSTONE NO SUBSCRIPTION FOR 2021







FROM

THE

PARISH REGISTERS

Baptism: We welcome into the Family of the Church:15th AugustCharlotte Annie Smith at St Mary's Church

Weddings: We pray for the home and happiness of:

24th July Ashley Samuel Love and Catherine Elizabeth Fay Bramley at All Saints' Church

6th August Alastair Sanderson Wilkinson and Katherine Mary Dunn at St Nicholas' Church

Funerals: We pray for the family and friends of:28th JulyRonald Evans (79) at All Saints' Church

14th August John Spencer Fawbert (76) at All Saints' Church and Interment at St Mary's churchyard

JUST A THOUGHT

Dear friends,

It has been good to see some relaxation of lockdown regulations in our churches and communities over the last few weeks. Understandably many are still anxious and we will continue to be careful and adjust for each other with all due care. As yet we are still not having congregational singing in church but we will revisit this in the next few weeks and hope to enjoy making music together soon.

In the meantime we have much to look forward to and enjoy together. We are holding our annual pilgrimage this month (11th & 12th) instead of August as this has allowed us post-restriction gathering more confidently so even if you don't want to walk all (or even any) of the sections between our churches do join us at any of our pauses for refreshments and prayer. See inside for details of times and places

Not only but also, we have the long awaited knitting exhibition 'A Kingdom of Stories' at All Saints' starting the following week (18th September-3rd October). There has been so much work going on quietly behind so many closed doors but it always creates an absolute fanfare of delight for everyone who comes to view the skill and invention of our dedicated crafters. Thank you so much in eager anticipation!

Our Home Groups are starting up again this month so see inside for details if you would like to explore more about our faith together in a safe space. And for any who feel they're at ground zero Mark and I will be putting together a short series to 'start at the beginning' as a place for questioners, doubters and inquirers. If you feel this would fit you do get in touch with Mark or myself.

Our thoughts are with our children and teaching staff at the beginning of a new term and especially for any making a new start at school or college. Wherever we are in our learning curve God walks beside us and knows our needs.

May we all know His blessing.

Bridget

SEPTEMBER'S SERVICES IN ALL SAINTS'

5 <u>Fourteenth Sunday after Trinity:</u>

10:30am Parish Eucharist: The Revd. Bridget GillespieReadings: Abi PollardIsaiah 35.4-7aThe Revd. Bridget GillespieMark 7.24-end

- 12 Fifteenth Sunday after Trinity: 10:30am Morning Praise with Baptism: The Revd. Bridget Gillespie Readings: The Revd. Bridget Gillespie Mark 8.27-end
- 19Sixteenth Sunday after Trinity:
10:30am Parish Eucharist: The Vicar the Revd. Mark Brosnan
Readings: Linda Wilson
The VicarJeremiah 11.18-20
Mark 9.30-37
- 26 Seventeenth Sunday after Trinity: 10:30am Parish Eucharist: The Revd. Bridget Gillespie Readings: Les Clarke Numbers 11.4-6, 10-16,24-29 The Revd. Bridget Gillespie Mark 9.38-end

OCTOBER

- 3 Eighteenth Sunday after Trinity: 10:30am Parish Eucharist: The Revd. Bridget Gillespie Readings: Lynn Goslin Genesis 2.18-24 The Revd. Bridget Gillespie Mark 10.2-16
- 10 Nineteenth Sunday after Trinity
 10:30am Harvest Festival: The Vicar the Revd. Mark Brosnan / The Revd. Bridget Gillespie



Anyone wishing to receive Communion in their own home please contact the Vicar, the Revd. Mark Brosnan









SERVICES IN SAINT AIDAN'S, GILLAMOOR

19 8:45am Holy Communion (BPC): The Revd. Bridget Gillespie

OCTOBER

15 7:00pm Harvest Festival: The Vicar the Revd. Mark Brosnan / The Revd. Bridget Gillespie

SERVICES IN SAINT NICHOLAS' BRANSDALE

- **2:30pm Holy Communion:** The Vicar the Revd. Mark Brosnan / The Revd. Bridget Gillespie
- 12 3:00pm Pilgrimage Songs of Praise: The Revd. Bridget Gillespie

OCTOBER

3 2:30pm Harvest Festival: The Vicar the Revd. Mark Brosnan / The Revd. Bridget Gillespie

SERVICES IN SAINT MARY'S, FARNDALE

26 2:30pm Holy Communion: The Revd. Bridget Gillespie

OCTOBER

8 7:00pm Harvest Festival: The Vicar the Revd. Mark Brosnan / The Revd. Bridget Gillespie

SERVICES IN SAINT MICHAEL'S, GT. EDSTONE

- 5 11:00am Morning Praise: The Vicar the Revd. Mark Brosnan
- 19 11:00am Holy Communion: The Revd. Bridget Gillespie

OCTOBER

3 11:00am Harvest Festival: The Vicar the Revd. Mark Brosnan





The Ryedale Christian Council invite you to



'QUITE A QUIET DAY'

A day of meditation prayer and discussion



Led by: Rosemary Roberts and Shirley-Ann Collier

theme: **'SEEKING GOD'S STRENGTH'**

SATURDAY SEPTEMBER18th 2021 10am - 3.30pm LEDBROOKE HOUSE, OSWALDKIRK

(Bring a packed lunch - drinks provided) Limited places - book early Telephone: Helen Goodman on 01439 788401

HOME GROUPS: A New Term Begins!

I am pleased to say that we are planning to start holding our home groups again from the first week in September through to Advent. As you will see from the details below, we have a mixture of face-to-face meetings and Zoom meetings using the wonderful wizardry of technology!

This time we are intending to use the Scripture Union book by John Stott on the Sermon on the Mount. Copies will be available from the group leaders nearer the time.

None of these groups is a closed shop and we would welcome anyone interested in joining us to see what goes on. As I said in an earlier magazine:

"What I love about our groups is the sense of a safe place to share doubts, to ask questions, to admit unfamiliarity with passages of the Bible or church teaching, alongside the understanding that, although we may not always see things the same way, we are each valued as a part of the family of God. We may not always be sure of answers, but we have the joy of hearing each other's stories and insights. And sometimes we just have a jolly good laugh."

Groups meet on Mondays at 3.30 (Zoom with Liz), Tuesdays at 2.30 (in a member's house with Lynn), and Wednesday evenings (Zoom with John).

If you would like to find out more about the groups, please contact any of the leaders below. We're looking forward to meeting you there!

Lynn Goslin

John Castle on 01751 433256 Liz Garthwaite on 07889284162 Lynn Goslin on 01439 771823



NEWS FROM ST. MARY'S, FARNDALE

We have had a busy time on the ground at St. Mary's. First, we had a flower survey done by the NYMNP and their Botanist found 51 different species of flower; it was wonderful to think our churchyard had so much to offer to the plant world. On those findings we decided to stay with the National Park and one of their volunteer groups, The Hobbs, came to cut areas of grass that we wanted to cut and to leave those rich in flowers. They are now coming back to cut and tidy all the churchyard as our flowers have finished. They also relaid a section of path to make it wheelchair friendly and cleared out a remarkable stone drain on the North boundary. We still have a section of fencing to replace and hopefully they will help with that as well. The NYMNP also provided some grant aid for the surfacing material for the path and posts for the fence, things look good.

We are back to Sunday Worship, just the one service on the 2nd Sunday at the moment but hopefully this will change in October, watch this space.

We had a christening in August, so good to see a church almost full of people again, sadly no singing yet but it will come.

There is no service on the 2nd Sunday as it's our Parish Pilgrimage.

Thank you for your support.

Phil Collier

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BIFOCALS



A preacher went into the pulpit one Sunday morning wearing a pair of new bifocals. The reading portion of the glasses improved his vision considerably, but the top portion of the glasses didn't work so well. In fact, he was experiencing dizziness every time he looked through them. Finally, he apologised to the congregation. "I hope you will excuse my continually removing my glasses," he said. "You see, when I look down, I can see fine, but when I look at you, it makes me feel sick."

EXTRACT FROM 'THE CHURCH WINDOW' THE PARISH MAGAZINE FOR KIRKBYMOORSIDE WITH GILLAMOOR AND BRANSDALE WITH FARNDALE

APRIL 1960 NEWS AND VIEWS



The glass in the window in the south aisle has been replaced by new glass which depicts the coat of arms of two of the ancient Lords of the Manor of Kirkbymoorside in the Middle Ages, Neville and Mowbray, thus continuing in colour in the window what is to be found on the bosses of the roof. This manor was given as a dowry for a daughter, and so changed hands quite a few times in the later Middle Ages. The window also contains a small picture of the church before its restoration in the seventies of the last century. This picture is of the church round 1790. The window commemorates the older memorial to the Revd. Edward Birch, who set on foot the restoration, and Fanny Jane Clark, by whose benefaction the work was able to be done. The window was dedicated and the two benefactors commemorated at the Sunday morning service on March 6th.

PILGRIMAGE 2021

No, you haven't missed it, we have put it back a month this year and hopefully it will go ahead on the 11th and 12th of Sept. That's the plan.

Anyone and everyone is most welcome to come and walk with us between any of the churches or perhaps you fancy walking the whole way, if not please feel that you can meet with us for the short service in our churches.

Times are slightly different this year, We are starting 30mins earlier.

Saturday 11 September

Service at Edstone	9.30 am
Leave Edstone	10.15 am
Service at KMS	11.45 am
Leave KMS	1.00 pm
Service at Gillamoor	2.45 pm
Leave Gillamoor	3.45 pm
Service and Barbecue at St Mary's	6.30 pm

(Please note change of timings from previous years)

Sunday 12 September

Leave Monket House	12.30 pm		
Service at Bransdale	3.00 pm		



COMING SOON....



A charity coffee and catch-up afternoon will be held on Saturday 18th September from 2:00pm-4:00pm at Fadmoor Village Hall.

This is in aid of Christian Aid and the Yorkshire Air Ambulance.

There will be refreshments including cream teas and homemade cakes, tombola, bottle stall, plant stall and more.

Donations of bottles (e.g. ketchup, lemonade, shower gel), tombola prizes or plants will be very welcome.

Sara Paxton



SEPTEMBER PRAYER

Dear Lord,

September - the month of new beginnings for many, as summer fades and school and college terms start.

After such a strange time of restrictions, hopes of freedom, with warnings to be cautious, it is hard to know what to expect this September.

We can't know what lies ahead, Lord, but we can trust you to see us through whatever it turns out to be.

Thank you for your promise, I will never leave you or forsake you... (Hebrews 13:5)

Help us to hold fast to that promise, to keep trusting you – and to be thankful for each September day.

In Jesus' name. Amen.

By Daphne Kitching

A KINGDOM OF STORIES

Kirkbymoorside Wool Crafters are holding a festival of knitted and crochet displays in All Saint's Church, Kirkbymoorside from Saturday 18th September to Sunday 3rd October 2021. Open daily from 10.00am to 4.00pm, except for the services on Wednesday and Sunday mornings. Refreshments will be available.

The Preview night is on Friday 17th September at 6.30pm. Tickets are ± 5.00 which includes a glass of wine and nibbles. Pre-booked ticket entry only on the preview night. Please call Carol on 01751 432071 or Kathy on 01751 432158, to reserve tickets



MENZOWN SEPTEMBER MEETING

MenZown will meet on Monday September 13th from 7.30pm. by zoom. Steve Peet will give a presentation of his own photographs and some from the archive of Robin Butler on *Old Kirkbymoorside and District*.

Members will be sent the link. For technical advice, please contact the webmaster David Harrison on the website <u>menzownkms.org</u> The site has links to other organisations, past meetings and information how to join the group.

The Committee had planned to start the autumn programme in the Dining Room of the King's Head. Following careful consideration of the need for adequate ventilation and social distancing, they decided to play safe. They recognise that this will be a disappointment , but doing without has been a learning curve during the current coronavirus epidemic.

The Committee will meet later in September and will keep the place/means of meeting under review.

The Committee is also, at the time of writing, seeking funding to enable future live meetings in the King's Head to be live streamed to any member unable to physically attend.

LADIES FELLOWSHIP JULY MEETING

At long last we were able to meet up again in July. This was our first gettogether since we did the spring-clean of All Saints Church in March 2020. We enjoyed a lovely couple of hours fellowship in Dorothy Collis' garden. It was warm and sunny, and the garden looked beautiful. Margaret Gamble had prepared a fiendishly difficult quiz for us. Not too many right answers but we learned a lot and had lots of fun. The evening ended with homemade lemonade and shortbread biscuits. Thank you so much Dorothy!

We very much hope to be able to meet again as normal on the second Tuesday in September (Tuesday 14 September) at 7.30 pm in the library. The room has been rearranged to give us more space. Members will be notified of further details nearer the time.



NAME ABOVE ALL NAMES

Name above all Names, what's in a name? Jesus, Messiah, He's coming again, Alpha, Omega, Beginning and End, Apostle and High Priest, the sinners Friend. Walking on water, calming the storm, God incarnate calling us home Creator, the I Am, nailed to a tree Lion of Judah dying for me. Risen, the Victor, conquering King Coming with clouds redemption to bring To gather His bride for heaven above To reign with the Lamb whose name is Love. By Megan Carter

THANK YOU

I would like to thank all who save me stamps for the work of the Leprosy Mission. You are all so kind and generous and it is much appreciated. I am happy to report that in 2020 the grand sum of \pounds 34,378 was raised from the sale of stamps!

The Leprosy Mission is working hard to defeat leprosy. If found in time it can be cured by taking a 6-12 month course of multidrug therapy at an average cost of $\pounds 24$.

People are still fearful of the diagnosis. Now traditional healers are being trained to recognise the disease and so refer on for hospital treatment.

Patients are cared for holistically. Last year 4,342 people were treated on board the Karuca ambulance in the slums of Mumbai. 95,000 were cared for in the leprosy hospitals.

Very sadly, last year, having cared for 58,554 patients at the leprosy mission's first hospital at Purulia, the much loved medical superintendent and a hospital driver both died from covid.

This Christian based charity works in about 12 countries and is supported by many countries world wide - the aim is to see leprosy defeated by 2035.

So please continue to save me your stamps so we can continue to help in a small way.

Jill Simpson



A little girl had been to Sunday School for the first time and was asked by her mother how it compared with her new primary school. "Oh, I like it much better,' she said. 'There are no exams there, you go only once a week for an hour, and at the end you go to heaven instead of high school." The Rectory St James the Least of All

My dear Nephew Darren



As with many of your ideas, your intentions are admirable; it is just that they don't work.

So it was with the recent wedding in your church, where you allowed the happy but quite mad young couple to try and imitate the marriage of the Duke and Duchess of Cambridge. It was kind of them to want to celebrate Will and Kate's recent 10th wedding anniversary, but it did not seem to occur to anybody that your church, converted from a 1960s warehouse, is fractionally less impressive than Westminster Abbey. And I feel that a backdrop of a car park and canal make a poor substitute for the Houses of Parliament and the Thames. Finally, even 43 very enthusiastic young people can hardly pretend they are a congregation of several thousand.

However, I do applaud your decision to invite me to take it, in order to impart a degree of gravitas to the proceedings, though of course I would not presume to upstage the Archbishop of Canterbury. (Although were he to ask my advice on how to run the Anglican Church, I have several helpful suggestions to hand.) But even I struggled to keep things on a proper course when the bride, lacking a horse-drawn carriage, simply walked up the lane with her ancient pony. (Which then tried to bite me at the church door!)

Her arrival was greeted with music. I will pass no comment on this, as the Bible says we are to make a joyful noise, not necessarily music, unto the Lord. I am sure that drums and kazoos and guitars all have their place – somewhere or other.

It was a pity that the groom, unlike Prince William, had not thought to get to the church on time – or indeed, at all. It was fortunate that the bride's mother found him in that pub nearby, or really, we would have struggled to complete the wedding.

Your loving uncle, Eustace

POP-UP DRESS AGENCY ALL SAINTS' CHURCH KIRKBYMOORSIDE



SATURDAY 16 OCTOBER 2021 10AM-NOON & 2-4PM

Good quality, clean, women's, men's and children's clothes, shoes and accessories accepted, WOULD YOU WANT TO WEAR IT? Please bring on the day with hanger (if needed). Rails will be provided. Items unpriced Just give what you think it's worth. Light refreshments will be available. All proceeds to All Saints' Church Funds.

TWO THIRDS OF CHURCHES IN UK PLAN TO KEEP STREAMING ONLINE, SAYS SURVEY

Almost two thirds of UK churches plan to carry on streaming online, even after restrictions lift.

According to a recent survey by the insurance group Ecclesiastical and The Bible Society, 93 per cent of churches have used new ways to keep in touch with their congregation and over two in five churches (43 per cent) saw an increase in attendance as a result.

Live streaming has undoubtedly helped churches keep their services going during the pandemic, but this research suggests most, 62 per cent, would like the new habit to stay.

In the survey, 93 per cent said that they had used the video platform Zoom since March 2020, while others used Facebook (60 per cent), YouTube (5 per cent) and Microsoft Teams (1 per cent) to stream to their congregation.

Over two in five of the churches who had used these new channels said that they had seen an increase in attendance against their usual numbers, leading most to say they will carry on streaming after lockdown ends.

As one vicar in Norfolk said, "At the height of the pandemic we were getting over a hundred visits to our Facebook page a day, ten times as many as beforehand.

"By using social media we've been able to reach many more people than ever came through the actual church door each week, so it's definitely something we're looking to continue offering. There is certainly more hope now than there was this time last year and we look forward to the Lord leading us from this difficult time into freedom and new beginnings."



LEARNING LESSONS FROM A GRAVEYARD

If you're looking for a quiet oasis away from the bustle and busyness of everyday life, there's a place where nature, heritage and the life histories of hundreds of local people are on peaceful display.

Take a walk in your local cemetery.

The chances are it's a place where nature abounds, where socially distant peace can be found, and you can meditate on the deeper issues of life.

It's true that graveyards seldom feature in most people's favourite places to visit. Many find them morbid, reminding them of their own mortality.

Or they can prompt memories of loved ones no longer with us, and the sadness overcomes the happy memories of the life shared together. Others simply rush past cemeteries or graveyards, without even noticing that they are there.

But walk among the gravestones, read the inscriptions and you find the stories of people's lives.

Samuel Ryder, the Hertfordshire seed merchant who devised the United States v Europe Ryder Cup golf tournament, is buried in the cemetery opposite the church where I minister. When I visited recently, someone had left golf balls on his grave.

In the same cemetery, there are more than 200 plain white graves of local and Commonwealth service people who died during the two world wars, and a memorial to the many local soldiers who died in the First World War.

To wander around any cemetery or graveyard is to enter into the lives of generations of families. To see the grave of the still-born baby close to the child who died in infancy, both near to the grandmother who died in her nineties. The husband and wife who died within months of each other, are alongside the wife who outlived her spouse by decades.

I'm always struck by how people are described. Most are defined by their family relationships – beloved grandfather, grandmother, father, mother, wife, husband, son or daughter.

Others are described by their roles in life – actress, golf professional or for the war graves, by their ranks. How long, I wonder, had the young men and women been in uniform before meeting their deaths – and being remembered ever after as soldiers? In some cases, it may have been just a few months.

What, I find myself asking, would I like to have written on my gravestone? How would each of us like to be remembered? How can long lives be summed up in the few words you can fit on a gravestone?

And what is it that we are doing in life that will be of lasting value? Cemeteries are places that can make you consider your own life and think about what is important in it.

Many Christian funerals begin with the words of Jesus Christ, 'I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die.' It is a promise I hold to as I walk the paths around the graves.

It is a promise I note to as I walk the paths around the graves.

The Revd Peter Crumpler is associate minister at St Paul's Church, Fleetville, St Albans.

WORLD WIDE FUND FOR NATURE CELEBRATES 60 YEARS

The World Wildlife Fund (now the World Wide Fund for Nature) was founded 60 years ago in Switzerland, on 11thSeptember 1961. It is now believed to be the world's largest conservation group, working in wilderness preservation, and reducing human impact on the environment.

A group of distinguished scientists, conservationists and businessmen, including Sir Peter Scott and Sir Julian Huxley, put the organisation together and chose its original name and the famous panda logo. It changed its name to the World Wide Fund for Nature in the UK and several other countries in 1989, but it still uses the initials WWF all over the world in advertising campaigns.

The late Prince Philip has been President of both the UK and international branches, and he was concerned particularly with encouraging faith communities to involve themselves in the environment. This led to a major conference in Italy in 1986, resulting in huge global publicity and tens of thousands of faith-led environmental initiatives around the world.

Although there has been criticism centring on the placing of environmental issues above human rights in some areas, the WWF now has more than five million supporters worldwide, working in more than 100 countries and supporting around 3,000 projects.

LET JESUS CHRIST FIND YOU

Jesus said, 'Do not let your hearts be troubled. Believe in God, believe also in me. In my Father's house there are many dwelling-places. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also.' John 14:1-6.

We come to church regularly to meet God. But actually, God comes to meet us. He comes to us personally though His Word; and in Holy Communion, Jesus arrives under cover of bread and wine, saying 'this is My body; this is My blood'.

The whole Bible is the story of God searching for us, not the other way round. It begins with Adam and Eve running away and hiding, and that's how it continues to this day. But it ends with a dramatic vision of reunion.

In the meantime, humanity is invited to stop, turn round, and face God who is in pursuit. 'Turning round' is what 'repentance' means.

Becoming a Christian is letting Christ find us; being a Christian is becoming an apprentice in His workforce.

Not long before His crucifixion, Jesus taught His apprentices about His death – and theirs. "I'm going to prepare a place for you, and I will come again and take you to myself, so that where I am you may be also."

When we contemplate dying, it may seem like a journey into the dark. But we will not go alone. Never alone. As we reach out into the darkness, Christ is reaching out to us. Just as He has been reaching out to us throughout our lives, so He is there to grasp us as we breathe our last. "I will come again and will take you to myself, so that where I am, there you may be also."

For the disciple, death is a union – a reunion with Christ. It's the most natural thing in the world. So, we pray that at our end, we may reach out into the darkness, to find we are grasped by the One who has already prepared a place for us.



REFLECTED FAITH SERIES: THE BREAD WE EAT

The majority of Sunday morning service in churches throughout the world are based on the Last Supper of Jesus.

At the Passover meal, on the night before His death, Jesus took bread, gave thanks, broke it and gave it to His disciples saying, "*This is My body given for you*," (Luke 22:19a). He also took wine and passed it to each of them and said, "*This is My blood, given for you*."

These two elements, the bread and the wine, continue to be the central focus for Christians: doing what Jesus asked us to do, '*Do this in remembrance of me*'. (Luke 22:19b)

What we call this service varies between denominations and even between churches within the same denomination.

It is a way of giving 'thanks' as Jesus did (the word '*Eucharist*' comes from the Greek by way of Latin, and it means 'thanksgiving'), reminding us not only of the tremendous sacrifice that Christ had made on our behalf, but also recalling the love and joy that Jesus brings to the community.

The word 'Communion' comes from something done with others – the community. It's done with Christ. It's done with other worshippers. In sharing the meal, 'l' becomes 'us'.

The word '*Mass*' comes from the conclusion to the traditional service – which was in Latin: 'Ite, missa est.' 'Go. You are being sent.' Today we use similar words, 'Go in peace, to love and serve the Lord.'

At the moment many churches, especially the Church of England, are only giving bread to the congregation with the priest alone consuming the wine. So the meaning underlying the taking / the giving of bread is more crucial than ever. In some denominations the bread is literally the 'daily bread', whilst in others it is a 'wafer' or yeast free bread – as was used at the original Passover.

This month: Have a look at the bread that is placed into your hands the next time you 'receive'. How does it reflect receiving Christ into your life?



ANXIOUS NEIGHBOUR?

If you have elderly neighbours who are on their own, it is worth bearing in mind that many of them will have been hit by pandemic anxiety. They may feel frightened to leave their homes.

Such is the finding of a recent study by the University of Cambridge and Imperial College London into the effects of the pandemic on the elderly.

So, any act of neighbourly kindness on your part may be most welcome. Helpful jobs such as tidying the garden, doing some shopping, running errands, and simply sitting outside with them over a cup of tea might be greatly appreciated.

CHILDREN AND TEA-DRINKING

Put the kettle on. Children should begin to drink tea from the age of four, in order to combat later stress, obesity and heart disease.

So says the results of a recent study which appeared in the *Nutrition and Food Technology* journal. It says that green tea and the more traditional black tea contain compounds which can aid concentration and cognitive function.

As one doctor said, "Including three cups of black tea daily as a part of a healthy lifestyle could help to preserve physical and mental health in childhood... and into old age."

Parents could offer tea as a substitute for sweet and sugary drinks for children.

IF YOU CAN'T SLEEP WELL, THEN WALK

A recent study by the Universities of London and Sydney has found that brisk walking for 150 minutes a week may reduce the risk of an early death caused by poor sleep.

Lack of sleep has links to an increased risk of stroke, heart disease and cancer. But according to the study, published in the British Journal of Sports Medicine, exercise in line with the World Health Organisation (WHO) guidelines 'eliminated most of the deleterious associations' of poor sleep with early death.

The WHO recommends 150 minutes brisk walking, or 75 minutes of running a week.

DEAD SEA SCROLLS - BROUGHT TO LIGHT 30 YEARS AGO

Thirty years ago, on 22nd September 1991, photographs and transcripts of the Dead Sea Scrolls were made available to scholars generally for the first time.

The Scrolls – ancient, mostly Hebrew or Aramaic manuscripts of leather, papyrus, and copper – were first found in 1947 near the shore of the Dead Sea. They come from various sites and date from the third century BC to the second century AD.

The decision by the Huntington Library, which is in San Marino, California, to make the Scrolls public was hailed by its director, Dr William A Moffett, as a bold move "equivalent to breaking down the Berlin Wall". Up to that time access to the scrolls had been restricted to a fairly small group of 'authorised' scholars.

The Huntington photograph collection was created by philanthropist Elizabeth Hay Bechtel in 1980, with Robert Schlosser taking the actual pictures. After her death in 1987 they became the property of the library, with no agreed restrictions on their use – unlike the official collections, which certain experts reserved for their own use "to ensure scholarly accuracy".

Last year the Museum of the Bible, in Washington DC, confirmed that all 16 of the fragments it owns are modern forgeries.



BECOMING NEW

When a caterpillar changes into a butterfly, it's hard to believe it's the same creature. But at both stages of its life, it has a body that is perfectly suited to living in a particular environment.

This insect can help us understand the afterlife and the significance of the resurrected Jesus. Paul, on his journeys, discovered that some members of the church in Corinth were confused about life after death. So, Paul, wrote a lengthy letter to them to explain the importance of the resurrection of Jesus, and how it affects our future existence.

Paul doesn't mention caterpillars and butterflies but describes a seed becoming a plant. By just looking at an individual seed there is no knowing what it is going to look like! But out of its death comes a beautiful new life form.

Paul points out that all living beings have a body that enables them to live in a particular environment. There are earthly bodies for living in a physical world and a spiritual body for living in the heavenly realms. And so God will give to us a new spiritual body to enable us to live with Him in heaven.

Of course, all butterflies eventually die, but in our resurrected body we will not be subject to decay or death. How do we know this? Jesus said: "Because I live, you also will live" (John 14:19). Jesus pioneered the way for us. He died on the cross, arose from the grave, and so opened up the way for all believers in Him to go to Heaven. Thanks be to God!

HOW MUCH IS THAT DOGGIE IN THE RESCUE CENTRE?

There are going to be a lot of homeless young dogs this autumn. That is because almost one in five people who bought a lockdown puppy last year are now thinking about giving up their new pet.

Research from The Kennel Club found that many owners are worried that they will be unable to give their dog a suitable home when they return to full-time work in the office. The result is a "looming welfare crisis faced by this pandemic pup generation."

The Kennel Club also found that many new dog owners want to see more places open up for dogs. Accessibility is becoming an increasing priority for dog lovers, and so the Kennel Club is calling on establishments from all sectors to become more dog friendly. The campaign 'Open for Dogs' is stressing the benefits of welcoming canines to businesses and workplaces.

HARRY SECOMBE – GENIUS FOR BUFFOONERY

One hundred years ago, on 8th September 1921, Sir Harry Secombe was born in Swansea. The comedian, actor, writer, singer and TV presenter was one of the stars of the anarchic 1950s radio series, The Goon Show.

His family belonged to St Thomas Church, and his elder brother, Fred, became a Church of Wales priest. Later in life Sir Harry was a presenter of religious programmes, such as the BBC's Songs of Praise and ITV's Highway.

He met Spike Milligan during the war in North Africa and later bumped into him again at the Windmill Theatre, where he was doing comedy routines. There they also met Peter Sellers and Michael Bentine – forming the team that eventually produced The Goon Show. A natural clown with a "genius for buffoonery", Harry was the focus, and he moved on to star in a series of films, including *Oliver*!

He was also a talented and popular tenor. He was knighted in 1981, referring to himself as Sir Cumference in reference to his size – he was later forced to diet for medical reasons, and died at the age of 79 of prostate cancer. His tombstone bears the inscription "To know him is to love him".

REMEMBERING DANTE

Dante Alighieri, the Italian 'supreme poet', died 700 years ago, on 13th September 1321. Regarded as the most important poet of the Middle Ages, he is best known for his *Divine Comedy*, widely considered the greatest literary work in Italian and an influence on such English writers as Chaucer, Milton and Tennyson.

Born in Florence in about 1265 but exiled from the city in 1301 amid political turmoil, Dante – a forerunner of the Renaissance – established the use of the vernacular instead of Latin in literature and helped standardise the Italian language.

His work and life were inspired by his love for Beatrice Portinari, whom he first met as a child: he claimed to be overwhelmed by her beauty. He never knew her closely, and when he was 12 his family arranged for him to marry Gemma, a member of the powerful Donati family. But Beatrice remained his inspiration, appearing in the *Divine Comedy* as a guide and depicted as semi-divine, in the style of a muse-like guardian angel.

The word Comedy does not indicate humour, but belief in an ordered universe: in this case it depicts a pilgrimage from Hell to Paradise, beginning with moral chaos and ending with a vision of God.

SEPTEMBER'S CROSSWORD

Clues Across

- 1 'Through [Christ] we have gained by faith into this grace' (Romans 5:2) (6)
- 4 Deprives of sight (Deuteronomy 16:19) (6)
- 8 The words of a hymn do this (mostly) (5)
- 9 Faithful allegiance (1 Chronicles 12:33) (7)
- 10 Belgium's chief port (7)
- 11 Where John was baptizing 'because there was plenty of water' (John 3:23) (5)
- 12 Imposing height (Psalm 48:2) (9)
- 17 Jesus' tempter in the wilderness (Mark 1:13) (5)
- 19 Comes between Amos and Jonah (7)
- 21 'Your will be done' ... as it is in heaven' (Matthew 6:10) (2,5)
- 22 Gale (Matthew 8:24) (5)
- 23 Axle, eh? (anag.) (6)
- 24 'Out of the... I cry to you, O Lord' (Psalm 130:1) (6)

Clues Down

- 1 Popular Christian author and humorist, Plass (6)
- 2 Transparent ice-like mineral (Revelation 4:6) (7)
- 3 Method of compelling surrender by surrounding target of attack (2 Chronicles 32:1) (5)
- 5 Expose (Isaiah 52:10) (3,4)
- 6 Lonny (anag.) (5)
- 7 Utterance (1 Timothy 1:15) (6)
- 9 Husband of Deborah, the prophetess (Judges 4:4) (9)
- 13 Burial service (Jeremiah 34:5) (7)
- 14 What Christ threatened to do to the lukewarm church in Laodicea (Revelation 3:16) (4,3)
- 15 Simon Peter climbed aboard and dragged the net (John 21:11) (6)
- 16 His response to Jesus' decision to return to Judea was 'Let us also go, that we may die with him' (John 11:16) (6)
- 18 There will be weeping and gnashing of ... (Matthew 8:12) (5)
- 20 Walkway between rows of pews in a church (5)



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JULY/AUGUST'S CROSSWORD ANSWERS

ACROSS: 1, Dove. 3, Offender. 9, Alcohol. 10, Loses. 11, Horam. 12, Ophrah. 14, Archbishopric. 17, Samuel. 19, Dwarf. 22, Lacks. 23, Imagine. 24, Military. 25, Revd.

DOWN: 1, Drachmas. 2, Vicar. 4, Fellow-soldier. 5, Eglah. 6, Despair. 7, Rust. 8, The mob. 13, Scofield. 15, Chancel. 16, Ordeal. 18, Upset. 20, Alike. 21, Elim.



HOODIES IN THE OFFICE?

What will keep us safer in the office as we return to work? Better ventilation. And in many cases that is best achieved by more open windows, all winter. And that could mean wearing something warmer to work – such as a woolly jumper or hoodie.

Such is the conclusion of a report from the Royal Academy of Engineering on how to reduce the risk of infection indoors. It was commissioned by Sir Patrick Vallance, the Government's Chief Scientific Adviser.

As one scientist put it: "If someone is comfortable and working effectively wearing a woolly jumper or a hoodie, why do we need to get worried about it?"



ALL SAINTS'100 CLUB

The purpose of the 100 club is to raise much needed funds for the upkeep of All Saints' Church and Churchyard.

Joining the 100 Club is a fun way of supporting your Church. By paying $\pounds 5$ per month either by standing order, cheque or cash. You will be allotted a number which will go into the bag for the monthly prize draw. Application forms can be obtained from the Parish Office

Prize money of 30% of the total contributions for the month will be shared between 1^{st} & 2^{nd} lucky winners. 75% & 25% each. Winners' names will be published on the Church notice board.

The remainder of the money will help the Church to carry out the repair and maintenance of the Church and Churchyard.

100 CLUB DRAW RESULTS

Draw held on 11th July

TOTAL STAKE £185 TOTAL PRIZE MONEY £55.50

FIRST PRIZE £41.62 - Draw No.22 Mrs J M Sutherland

SECOND PRIZE £13.88 - Draw No.33 C & K Wright

Draw held 15th August 2021

TOTAL STAKE £190 TOTAL PRIZE MONEY £57.00

FIRST PRIZE £42.75 - Draw No.12 T King

SECOND PRIZE £14.25 - Draw No.28 K Storey



THE UNITED CHARITIES TRUST OF KIRKBYMOORSIDE

The aim of the charity is to make small financial grants to help the sick and elderly of Kirkbymoorside in times of need.

If you know of anyone needing a little help please contact one of the following trustees:

Mark Brosnan	431452
Tony Clark	431531
June Cook	431160
Stephanie Hickman	433337
Nigel Richardson	432221
Lesley Temple	431237
Paul Young	07554053368.



USED ITEMS BEING COLLECTED FOR CHARITIES

Used Postage stamps are being collected for the Leprosy Mission (there is a box at the rear of All Saints')

Bras which are dead, dying, unloved or downright uncomfortable raise funds for breast cancer research and go to help support small businesses in countries such as Togo, Ghana, Kenya and other African countries where local family businesses give them a new lease of life keeping themselves out of poverty and providing bras for local women in areas where they are too expensive to make new locally. A ton of bras raises $\pounds700$ for research.

Any items left at the back of All Saints' and will be passed on Anne Warriner 01751 432915 or e-mail john.warriner252@btinternet.com HOME DECORATING CENTRE Painting and Decorating Supplies

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THE DEADLINE FOR ARTICLES IN THE OCTOBER MAGAZINE IS MONDAY 13 SEPTEMBER

Please note articles received after the deadline date might not go in the magazine until the following month