

St Aidan's Church, Gillamoor



St Mary's Church, Farndale

SURPRISE VIEW

MARCH 2021



All Saints' Church, Kirkbymoorside

**THE CHURCH MAGAZINE OF
KIRKBYMOORSIDE – GILLAMOOR
FADMOOR - FARNDALE - BRANSDALE - EDSTONE
NO SUBSCRIPTION FOR 2021
PLEASE SEE INSIDE FRONT COVER**



St Nicholas' Church, Bransdale



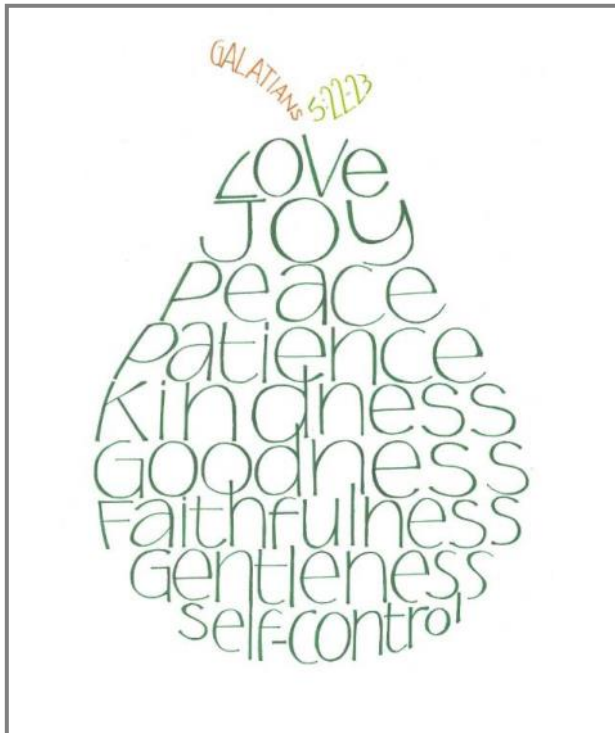
St Michael's Church, Edstone

SURPRISE VIEW

We are very conscious that Surprise View has not been produced as normal during the past months. Because of that we have decided not to make any charge for the magazine this year. However, as each copy costs around £1 to produce we would be happy to receive donations to help defray the cost of production. If you would like to help in this way, please give your donation to your usual distributor or put it through the office door in Crown Square.

With very many thanks for your continued support.

Les and Anne



JUST A THOUGHT

Dear friends,

Another month has passed with restrictions and waiting. We have had some sad losses among our communities, and these have been harder to bear than usual as we cannot meet to share our concerns for each other.

Mothering Sunday is on 14th of March and again this may be sad for any who are reminded of those they cannot see. We hold all who are dear to us, as well as all with whom we may have difficult relationships, in the everlasting love of God.

And still.

And still time passes, and we slip into spring and longer warmer days and soon Easter will be here and the whispers of new life become a glad shout of restoration, as life, hope and joy are given to us in the Jesus who comes back to say to his disciples 'Peace be with you.' This is the same peace the angels announced to the shepherds long before, the peace that comes with 'goodwill,' the kindness of God towards all he has made to lift up, to make whole and to turn us towards life and hope.

May this Easter hope hold us and keep us through the dark times. May this Easter hope call us out into new life. May we step out in this hope to all that God longs to give us.

Peace be with you.'

Bridget

READINGS FOR MARCH

- 7 **Third Sunday of Lent:**
Readings: Exodus 20.1-17
1 Corinthians 1.18-25
John 2.13-22
- 14 **Mothering Sunday (Forth Sunday of Lent):**
Readings: Exodus 2.1-10
Colossians 3.12-17
John 19.25b-27
- 21 **Fifth Sunday of Lent:**
Readings: Jeremiah 31.31-34
Hebrews 5.5-10
John 12.20-33
- 25 **Feast of the Annunciation:**
Readings: Isaiah 7.10-14
Hebrews 10.4-10
Luke 1.26-38
- 28 **Palm Sunday:**
Readings: Mark 11.1-11

APRIL

- 1 **Maundy Thursday:**
Readings: Exodus 12.1-4[5-10]11-14
1 Corinthians 11.23-26
John 13.1-17,31b-35
- 2 **Good Friday:**
Readings: Isaiah 52.13-end of 53
Hebrews 10.16-25
John 18.1-end of 19
- 3 **Easter Eve:**
Readings: Genesis 1.1-2.4a
Exodus 14.10-end;15.20-21
Ezekiel 37.1-14
Romans 6.3-11
Mark 16.1-8
- 4 **Easter Day:**
Readings: Acts 10.34-43
1 Corinthians 15.1-11
Mark 16.1-8

**There are currently no physical services in the
Benefice due to Covid restrictions.**

Please see Website for details of Zoom worship

**All Saint's is open for private prayer on Wednesdays
and Sundays 10:00am-4:00pm.**



C.S. LEWIS 1942

Satan: "I will cause anxiety,
fear and panic.

I will shutdown

Business, schools,
places of worship
and sports events

I will cause economic turmoil".

Jesus: "I will bring together neighbours,
restore the family unit,

I will bring dinner back
to the kitchen table.

I will help people slow down their lives
and appreciate what really matters

I will teach my children to rely on me
and not the world.

I will teach my children to trust me
and not their money and material resources"

(Sent by Eliza Treasure)

NOTICES

CRISIS AT CHRISTMAS

We have received a letter of thanks from 'CRISIS' for the donations sent for the Christmas appeal.

Our retiring collections at All Saints raised £136 for this worthy cause, and this amount was forwarded together with a further £20 from an individual donor and £100 from Menzown, so altogether £256 was sent.

As the letter says:

'you are doing something amazing – giving people hope'.

Les Clarke, Treasurer

MOTHERING SUNDAY

This Mothering Sunday there will still be the traditional All Saints' posies to collect and take to loved ones despite lockdown restrictions. Bunches of flowers will be blessed in church and available for collection from 10:00am on Sunday 14th March for any who wish to let someone know they matter. May they bring joy to many and a big thank you to the team who put them together.



PALM SUNDAY

Palm Sunday is on the 28th of March and although we cannot have our usual joyful procession through town with songs and crosses this year, Palm crosses will be blessed and available for collection from All Saints' from 10:00am. Feel free to come for one, or more, and feel very free to sing loudly at home if not yet in high street!



NEWS FROM ST. MARY'S, FARNDALE

As I write this, we at St. Mary's, like everyone else are yet again in lockdown. Up here in Farndale we should count ourselves privileged to be living where we are. Very few people about to social distance from, just wide open spaces ready for us to explore as our exercise regime. God's creation surrounds us everywhere we look. With snow on the ground, you can see his wonders by the many footprints that criss cross in the fields.

The birds on the feeders while away many an hour. On the Big Garden Birdwatch we counted 15 different species in our garden.

We very much miss our church services but thanks to Zoom and those wonderful people we have who manage to bring us together for Sunday Services, Homegroups and Prayer Groups, it keeps us in contact with each other and God. But, oh, what I would give to be able to have a cup of coffee, a biscuit and a chat with other people after our services.

We will be back together, God willing.

Stay safe and keep well.

Phil Collier

THE GOLDFINCH

A flash of yellow, gold, and red
Dancing in our flower bed
Flocked together, bringing charm
Their joyful song restoring calm.

Through centuries since times of old
We've always loved their plumage bold;
As they gathered round to feed
Seeking grubs, and thistle seed.

So, go ahead, and plant some thistles
You will see, among the bristles.
Golden birds who dance and dart
Bringing joy to warm your heart.



By Nigel Beeton

Dear Friends

You may, or may not know, that it is All Saints turn to host the World Day of Prayer for women this year. Because of the pandemic, many churches have postponed or cancelled their service altogether. However, it was felt by the representatives of all four denominations in Kirkbymoorside that we should go ahead and hold our service with the help of Zoom online.

The service has been prepared this year by the women of Vanuatu after pressing for several years to be part of the great wave of prayer. Like me, some of you may not know much about this Y shaped archipelago of 80 islands in the South Pacific, 2000 miles east of Australia. I realise that a service online precludes some people from joining in, so here is a bit of history and some facts about life in the islands.

In 1606 Spanish explorers named the largest island Espiritu Santo.

In 1774 Captain James Cook renamed the islands the New Hebrides.

In 1800s many islanders were tricked or coerced into working on cotton and sugar plantations in Queensland, Fiji and Hawaii.

In 1906 France and UK, having both claimed parts of the archipelago, agreed to jointly manage it as the Anglo-French condominium of New Hebrides. The natives found themselves stateless and with no land rights.

In 1980, after gaining independence, the Republic of Vanuatu was founded. Vanuatu means 'country that stands up' and the motto adopted was 'In God We Stand'.

With black and white sandy beaches, beautiful coral reefs, tropical fish, forests full of lovely birds, abundant flora and fauna and spectacular cascades these are wonderful islands. There are no large mammals, no poisonous snakes or spiders. The climate is temperate and the soil fruitful. But the region is prone to natural disasters including earthquakes, volcanic eruptions, tsunamis and tropical storms. In April 2020, while just beginning to recover from the effects of cyclone Pam (March 2015) cyclone Harold destroyed everything in its path.

Traditional staple foods include yam, taro, bananas, coconut, sugar cane, tropical nuts and greens, pigs, fowl, and seafood. The preparation and drinking of kava is an integral part of ceremonial occasions, when pigs are exchanged and eaten. The islands vary greatly in songs, dances and customs and are proud of their cultural identity. The coconut tree is viewed as the tree of life because all its parts are useful. The demand for cash crops has now limited the amount of land available for traditional food. To the people of Vanuatu, land is important. It is not viewed as a thing to be owned but as vital to the existence of humans as a mother is to a child.

The traditional Vanuatu family took care of each other and was self sustaining and respect was shown for the environment. Modern technology is changing life - although the internet is scarce, mobile phones are almost universal.

TODAY the people of Vanuatu are mostly Melanesian with a Polynesian minority. Population is around 300,000 of whom nearly a fifth live in Port Vila, the largest city. Over 113 languages and dialects are still spoken but Bislama, French and English are the official languages.

Education is not compulsory or free. Most families can only afford to educate their firstborn child and boys get priority. However, the gender gap in literacy and education is narrowing.

The health of women and children are key national priorities of the government.

Violence, physical and/or sexual, affect approximately 60% of women and girls.

Malnutrition is a growing problem, accounting for most of deaths in children under 5. This has been aggravated by the introduction of processed western foods.

Safe drinking water and adequate sanitation facilities are major concerns. In rural areas people may have to walk up to an hour to find water.

You may like to spend a little time with us on Friday 5th March at 2.30pm, thinking about and praying for the people who live in Vanuatu, especially the women. The service is headed as **'Building on a Strong Foundation'**, something the islanders understand and feel strongly about.

Matthew Ch 7 v 24-27.

For those who can be with us digitally the Zoom link can be obtained by emailing Tania at kmsparishoffice@gmail.com.

Shirley-Ann



ANGELS

I have been thinking a lot about angels, lately, where they come in God's world and what we know about them, from the bible and from people's experiences of them, both nowadays and from the past.

Well, they are not part of God, so they must have been created. By God. A part of creation. They are mentioned in Genesis, so they must have been created before man, before our world was made, and they have names and personalities. We know of Gabriel, the power of God, one who stands in the presence of God, Michael, a chief prince, Azariah's name means the Lord is a help, and Raphael. They have personalities. They can choose to go God's way, or to disobey, like us, Satan clearly disobeyed God. He is referred to as the chief of the evil spirits. And with him there are numbers who chose to go their own way, in disobedience to God. That must be a huge grief to God. Peter says that when angels sin, they are sent to hell. **1** There are many angels, ten thousand times ten thousand.**2** And of course, they worship. Paul says let all God's angels worship Jesus.**3** .. That seems to be their prime job.

God uses angels as messengers, as he used Gabriel to communicate with Mary, using human speech and language **4**. Clearly, they can communicate in any language, as appropriate.

An angel was given the lovely job of telling the shepherds of the birth of Jesus and then a great company of the heavenly host came, praising God. **5**. After that they went back to heaven, presumably back home. **6**. Then, of children, we know that children have their own angels, who always see God's face in heaven **7**. It seems that different angels are given different jobs according to their personalities, like us. They often seem to be used to bring messages to individual people, taking human form and speech, using human speech, in any language, as required.

When the beggar died the angels came and took him with them,**8**. I assume they may do that to us, also A very nice thought. Luke also says that the dead are like angels, those considered worthy to take part in the resurrection. **9**.

Paul says that all angels are ministering spirits sent to serve those who will inherit salvation.**10**.

Ministering spirits, apparently often ministering to us, unseen, and I guess mostly unrecognised. And in psalm 91 the bible says that if we make the most high our dwelling he will command the angels concerning us to guard us in all our ways I

find that a wonderful reassurance. As to who we are, Paul writes that man is a little lower than the angels.**11**.

At times God uses angels as guards, sometimes assuming human form as a protection to a person in danger. There are many accounts of this from people doing dangerous jobs for God, missionaries of course, bible smugglers, and many others. Paul says in Hebrews, Ministering spirits, apparently often ministering to us, unseen.**12** On the other hand he also says that angels can masquerade as a stranger, sometimes in need of hospitality or of help in some way, so when we serve, feed, give hospitality, to a stranger, it can be an angel in disguise.

Paul also says that man is a little lower than the angels. **11**, and Mark gives us the wonderful promise that when we die we shall be like the angels.**12**

At one time when we had a very strong prayer group, different people quite often saw or became aware of, angels. It does not seem all that uncommon nowadays, generally. It seems to be most often in worship, but certainly not exclusively so, and when people are aware of angels during worship, it often seems to be near the altar or where particular prayer, such as praying for the sick, is taking place. Nor is it all that uncommon for a person to have an encounter with an angel, privately.

So. Angels are created servants of God, as we are, with personalities, like us, and can be obedient or disobedient, like us. God often seems to send an angel to help us when we are in danger or in need. And, like us, they worship.

Revelation says They fell down on their faces before the throne, and worshipped God, saying "Amen! Praise and glory and wisdom and thanks and honour and power and strength be to our God for ever and ever".**13**.

Thank you, God for the angels.

1. 2 Peter 2.4, **2.** Revelation 5.11, **3.** Hebrews 1.6, **4.** Luke 1.26 **5.** Luke 2.8, **6.** Luke 2.15 **7.** Matthew 18.10 **8** Luke 16.22 **9.** Luke 20.36 **10.** Hebrews 1.14 **11.** Hebrews 1.14 **12.** Mark 12.24, Luke 20 **13.** Revelation 7.11

Eliza Treasure
14th February 2021

**From The Parish Magazine for All Saints',
St. Aidan's, Gillamoor and St. Michael, Edstone
June 1946**



The Memorial Window to preserve the memory of the late Miss Elizabeth Bowes and her sisters was Dedicated during Matins on 26th May by the Vicar. The window, the work of H. Grylls, London, pictures Our Lord teaching a group of young people and children. It is a very worthy work of art, a fitting memorial to a great teacher and a rich addition to the windows of the Parish Church.

The Rectory
St James the Least of All



My dear Nephew Darren

So, your vicar has introduced staff appraisal for all the officers who work for your church, including yourself. It seems a very dangerous innovation; as far as I am concerned, ministry is only successful when parishioners have no idea what the clergy get up to.

I imagine that he will look at the number of services you take in a year. Funerals can only be increased if you resort to murder, which is likely to be frowned on – although I have been sorely tempted during endless church council meetings. Perhaps if you take a flask of water wherever you go and if you find a baby unattended, you could resort to a spontaneous baptism. That would get your numbers up, even if returning mothers may marvel at the highly localised and brief shower that seemed to have taken place over the pram.

Visiting targets are easily increased. Compile a list of when parishioners will be out and call on those days; a card through their letterbox will prove to your vicar that you were there. Should they happen to be in, mention that you are collecting for the organ fund and they will immediately excuse themselves for an important appointment. You are then free to move on to clock another visit.

Your vicar is also bound to want to see the congregation increasing. This is not sustainable, and you should put a stop to such ambitions at once. It is easily done. All you have to do is to approach your friends at the local football club and bribe them with your homemade beer to come along to church several Sunday mornings in a row. If you give them enough beer BEFORE the service, they will be likely to make just enough muted disruption as to leave your vicar a bit rattled, and thinking that perhaps after all, 'less' is 'more' when it comes to the congregation.

But whatever you do, make sure that you never preach a better sermon than he does. You don't want anyone thanking you at the door for your 'so interesting sermon' in front of him, when they have been sleeping through his sermons for years. If you offend the vicar this way, he will take swift revenge, and ask you to organise the parish summer fete.

Your loving uncle,
Eustace

MENZOWN

Menzown is a meeting for men. Monthly meetings in the King's Head ended in March 2020. The committee has arranged members' Zoom meetings since the autumn. These are intended to offer fellowship in times of *coronavirus* isolation as well as speakers by Zoom, for which physical distance is no barrier. So, for example, Christopher Sharpe spoke from Cambridge about Lancaster bombers, John Porter from Scarborough about the RNLI. And Raymond Clarke about the North Yorkshire Moors Association. Forthcoming talks will include a talk about the Franciscans.

David Harrison has built up the website, to provide the membership with safe communication, advertise the club, record talks, post illustrations and a reading list. You may visit this at www.menzownkms.org

The Club has continued charitable donations, including £100 to *Crisis at Christmas* and £50 to the RNLI. Menzown is financially stable. Membership subscriptions have been suspended until physical meeting can be resumed.

Michael Goslin, David Harrison, Richard Sharpe, Ian Watson, Keith Wright.

FEBRUARY MEETING

Raymond Clarke spoke to Menzown by Zoom on February 17th about the North Yorkshire Moors Association. A voluntary body of 430 or so members, not to be confused with the National Park Authority, it monitors, offers advice and gathers opinion about the National Park. As government funding has gone down, local volunteer groups have taken up routine work, such as footpaths, gates and stiles. The Association produces a quarterly magazine "Voice of the Moors" and an online learning resource for schools. Phil. Collier led a vote of thanks. For more information about Menzown, please visit www.menzownkms.org



FINDING GOD IN EACH MOMENT OF THE DAY

Do you know the popular series of books entitled *Where's Wally?* These books are filled with very detailed cartoon drawings in each of which is hidden Wally. He is dressed in a red and white striped ski cap and glasses and the challenge is to find Wally. You have to search for some time to pick him out of the crowd, but Wally is always there!

In many ways, like finding Wally, we need to develop the skill of identifying God's presence in our daily lives. One approach that can help us to find God throughout the day is to do a daily review of our day with God. It can provide us with a means of seeing where God has been at work during our day. It's an opportunity of remembering how God has been at work and how we have responded to Him. As the psalmist says, *'On my bed I remember you; I think of you through the watches of the night'* (Ps 63:6).

What does this look like in practice? Here is a step-by-step guide:

1. Be still for a moment, and quiet your mind.
2. Acknowledge that Jesus is present. Invite Him to guide you.
3. Recall the beginning of the day, when you first woke up. Watch that scene, as if on film. What is your reaction to what you see? Talk to God about it.
4. Continue through the film of your day, going from scene to scene. As you reflect on each one, some scenes may fill you with gratitude, others with regret. Speak directly to God about this. You may also want to pray for those you encountered during the day.
5. End your review with a prayer of thanksgiving for God's mercy and love. Ask him to refresh you as you sleep.
6. As you begin reviewing your day with God regularly, you can expect to see two things beginning to happen:

Firstly, you will become more aware of recurring negative patterns in your life, which will challenge these wrong attitudes and habits and increase your desire to grow and change.

Secondly, you will become more aware of God's presence in the ordinary moments of your life. And when you start experiencing the reality of God's presence with you every day, it's not ordinary anymore!



A YEAR OF CORONAVIRUS

The Queen recently spoke for the whole country when she said that many are, “tinged with sadness. Some (are) mourning the loss of those dear to them and other missing friends and family members, distanced for safety. When all they really want ... is a simple hug or a squeeze of the hand.”

We may have become accustomed to wearing face masks in public, keeping our distance from others, cutting out social gatherings, and attending church services online, but ‘no touching’ seems the cruellest of punishments.

As one vicar friend of mine said, the Church has had to learn a lot from lockdown:

“That Zoom is no substitute for meeting together, sharing warmth, laughter, tears – and drinking from the same cup. We have a commonality in Christ, whoever we are. Christianity is more ‘us’ than ‘me’.

“Also, we cannot ignore those who will bear considerable cost arising from the pandemic. People have lost loved ones, businesses, confidence, jobs. It is vital that the church becomes a place of hope – not glib, clichéd words – but solid hope drawn from Scripture and made real in action. The church could become a real hub of the local community.

“But we have to rethink much of what we do and how we say things. The money has all but gone now and the church has to refocus on how it attracts people, what it says in plain English, how it presents itself and provides a warm welcome to those who haven’t a clue what Christianity is.... and all this on a very tight budget!”

He’s got to be right. And some of us could begin to apply some of his ideas right now, even before the pandemic is under control.

As a direct consequence of lockdown, many of us have much more money in the bank than we bargained for. We could send a substantial sum to our local church, and some to an overseas charity, to make some of those ambitions come true. With time on our hands, we could earmark an hour or two for emailing or phoning those in our address book who live alone. We could buy extra supplies for a food bank on our next visit to the supermarket.

And we must ask God to make our church more comprehensible to those who consider themselves outsiders.

GREEN PASTURES – THE CHARITY THAT FINDS HOMES FOR THE HOMELESS

Here is a story that went on to change many lives:

‘There was a knock at the door. Pete slowly opened his front door, and the stranger standing before him said in a quiet voice, “Please sir, do you have a bed for the night? I’m homeless.”’

Those words, spoken 20 years ago, stirred such compassion in Pete Cunningham’s heart that it moved him to action. Together with a church member, Vicki Woodley, a small pension was cashed in and Vicki re-mortgaged to put a deposit on two flats to house two homeless people, and Green Pastures was born.

The vision grew greater than they ever imagined.

20 years later, Green Pastures provides homes and support for over 1,100 people across the county and is growing rapidly. The passion to release the Church to eradicate homelessness burns brightly. In partnership with churches and charities, Green Pastures makes real change in the desperate situations in which many find themselves.

Investors are paid up to 5% to house the homeless. Green Pastures buy property for churches and charities so that they can reach out and house the homeless in their area. They provide all the paperwork, expertise and ongoing support to operate successful supported housing projects. Green Pastures is a national Christian social enterprise that releases the Church to end homelessness.

The enormous changes in towns and individual lives can be seen everywhere. Residents of partner, The Greenhouse Project, Plymouth, have experienced the faith of the support workers in their Green Pastures home to encounter Jesus through genuine caring relationship.

One resident commented, “When I met the guys at The Greenhouse and saw how they love Jesus and the way that they were living for God, that appealed to me, and that helped me get back to faith, that helped me get back into recovery.”

For how Green Pastures can help you, go to www.greenpastures.net or call 0300 365 4500.



JESUS AND HIS MOTHER

When Jesus was at a Galilean wedding (John 2:1-11), He was there with His disciples and Mary, His mum. During the celebrations, unknown to the groom, the wine ran out. Mary was quick to spot the problem. She knew this could be an embarrassing moment for the groom if people couldn't have a drink, and the married couple would face ridicule and shame.

So, Mary asked her Son for help. Although we know that Jesus responded by turning water into wine, she didn't know this was going to happen. At that time Jesus had not performed a miracle! Whatever she thought, Mary simply showed concern and trusted Jesus to do the right thing.

At first Jesus seems to respond to His mum with a rebuke. This dilemma was not His concern. Even so, Mary says to the servants "Do whatever He tells you." Jesus instructs the servants to fill six large stone jars with water. A sample is taken, and it has become the best wine to conclude the festivities. Jesus had met a human need and prevented a ruined wedding day.

The servants obeyed Jesus and a miracle followed. Later, through His ministry, many people obeyed Jesus and their response brought healing or some other beneficial change.

In this story, only Mary, the servants and the disciples were aware of this miracle. It was not a public spectacle such as Jesus feeding 5000 people with a handful of bread and fish. We too should be alert to what God is doing *amongst us* while others are oblivious of a divine hand.

"Do whatever He tells you" Mary said. What wise words! When we do this our lives will be transformed. It took a mother to know the right thing to say in a troubled situation. Mary knew Jesus would not let her down. So must we.



Give me a sense of humour, Lord,
Give me the grace to see a joke,
To get some humour out of life,
And pass it on to other folk.



FROM A PARISH NEWSLETTER:

'Children are normally collected during the Offertory Hymn'

WEAR YOUR DAFFODIL AND UNITE IN MEMORY

Marie Curie, the UK's leading end-of-life care charity will this year celebrate their 35th annual Great Daffodil Appeal, which is held every March across the UK. The money raised from this appeal enables the charity to continue their vital work providing care and support to people living with a terminal illness and their families.



The coronavirus continues to have a devastating effect on Marie Curie's fundraising, as activities up and down the country have had to be cancelled. However, there's still lots of ways people can get involved, with things like the Step into Spring Challenge in March where people walk 10,000 steps a day, they can host a virtual collection or buy and wear one of the charity's iconic daffodils in memory of a loved one.

Laura Greensall, Marie Curie Nurse, in PPE, at the Marie Curie Hospice, West Midlands.

This picture was taken in January 2021 during the Covid 19 pandemic.

Patient posed by a model.



This year will be even more special as the charity encourages the nation to come together to reflect, grieve and remember for a National Day of Reflection. Tuesday 23rd March 2021 will mark one year since the UK first went into a nationwide lockdown and Marie Curie is inviting the nation to unite and remember those who died and show support and solidarity for those who have been bereaved. The charity knows how important it is for people to grieve and the emotional and psychological impact of not being able to say goodbye properly and grieving in isolation can have

Due to the pandemic, Marie Curie won't have their normal collections on the street, so donations are more important than ever. To support the Great Daffodil Appeal, you can donate at www.mariecurie.org.uk/daffodil or you can buy your daffodil pin in store at a number of high street stores including Superdrug or Savers.



HOW SUNDAY BECAME A CHRISTIAN DAY OF REST

It was 1700 years ago, on 7th March 321, that the Roman Emperor Constantine 1 (Constantine the Great), who had converted to Christianity, decreed that Sunday should be a day of rest throughout the Empire.

This was a change from normal Roman Empire practice, which was to regard Sunday as just another work-day – something the UK seems to be reverting to. But Constantine’s civil decree made Sunday a day of rest from labour. It said: “All judges and city people and craftsmen shall rest upon the venerable day of the sun.”

This was not intended to replace the Jewish Sabbath, which starts at sunset on Friday and continues to sunset on Saturday. Such Jewish observance was regarded by most Christians as being bound to the old law instead of the Spirit, and so was resisted. Christians backed the Sunday rest because it was the day on which Jesus had risen from the dead and the Holy Spirit had come – despite possible doubts about the phrase “day of the sun”.

Christians meeting for worship on Sunday in fact dates back to the Acts of the Apostles, and it is mentioned historically about 115AD. Actual practice varies across the world and through the years.



WHY NOT CONTACT A LONELY NEIGHBOUR?

The public have been urged to write letters to their lonely neighbours, as the Government has announced a £7.5million cash injection for community-boosting activities.

It is hoped that people will “reach out virtually and help combat loneliness”, says Robert Jenrick, the Communities Secretary. This could be done either by “picking up the phone or writing a letter.”

He urges, “Let’s all do what we can to connect with our older neighbours, in a Covid-secure way, so they feel less alone and know how valuable they are to their communities at this time.”

The charity Age UK has said it reckons there to be about 1.4million older people in England who are “chronically lonely.”

YOUR DAILY WALK SHOULD BE A SACRED RITUAL

Under lockdown, millions of us who rarely walked around our immediate locality are now well acquainted with every nearby driveway, every crack in the pavement, and every pothole in the road. We have developed views on our neighbours' gardens, on their oddly coloured garage doors, and on their dogs, children and cars. If we go out at the same time every day, we may even be saying hello to the same people we don't know every day.

For many of us, that daily walk has become the high point of our day. After all, it is one of the few liberties we have left. Some of us go early, to enjoy the relative peace and quiet. Some of us go midday, to at least see other people, even if we can't talk to them. Others of us opt for dusk, the dark comfort of a street with lit houses and stars in the sky.

Whatever time you most enjoy, make sure you do make the time to go for your walk. Your mental and physical fitness can only improve!



MOVEMENT OVER MIND?

Exercise can be just as effective as mindfulness when it comes to reducing your stress and anxiety. Such is the conclusion of a recent study at Cambridge University.

Mindfulness is a form of meditation which involves focussing your thoughts and sensations, and it has become popular in recent years. But now Cambridge University experts say that it should not be assumed that meditation will always have a positive impact. Instead, people can reap mental benefits from physical exercise.

As one doctor said: "The main message here is, don't assume mindfulness will work. We have much more evidence for the mental and physical benefits of physical exercise."

Last year it was found that people who exercised for 30 to 60 minutes at a time, for two to six hours a week, recorded the fewest days of poor mental health per month.

SPRING HARVEST 2021 GOES ONLINE

Christian festival Spring Harvest has axed its 2021 in-person events, saying it is “no longer viable or responsible” to host the gatherings at their flagship Butlins locations.

Spring Harvest continues to plan for events in 2022. But in the meantime, Spring Harvest Home 2021, the online event which has already been months in the planning, is set to be “bolder and better than ever before”. Spring Harvest will now start online on Easter Sunday evening.

According to Spring Harvest, Butlins will issue refunds to anyone who has already paid a deposit for the 2021 in-person full event.



STAY TRIMMED AND BALANCED

“Do not let this Book ...depart from your mouth; meditate on it day and night ... be careful to do everything written in it. Then you will be ... successful.” (Joshua 1.8)

Any flying instructor will tell you that aeroplanes need to be ‘trimmed’ or ‘balanced in flight’ on a regular basis. After flying through storms and hitting air pockets, they get knocked out of line. That’s true of our path through life. The bad storms of sickness, redundancy, divorce and disappointment, can knock us off our balance, too.

In other words, our attitude needs to be constantly checked and adjusted. Have you checked yours lately? What are you encountering at the moment that is putting pressure on you to veer off course? So long as we live, we will always need to look to God, to stay ‘trimmed and balanced’. Lent is an excellent time to do this.

The best way to stay balanced is to read God’s Word. It gives us a true map of the world around us, and it shows us where we are on that map. Here’s an idea you can try for Lent: every week, for the next few weeks, choose a Bible verse and write it down on a small card. Carry it with you wherever you go and memorise it. In one year, you’ll know 52 new scriptures, and more importantly, your attitudes will be more naturally in line with God’s Word, your faith will be strengthened, and your life will be moving in the right direction.

ALL SAINTS' 100 CLUB

The purpose of the 100 club is to raise much needed funds for the upkeep of All Saints' Church and Churchyard.

Joining the 100 Club is a fun way of supporting your Church. By paying £5 per month either by standing order, cheque or cash. You will be allotted a number which will go into the bag for the monthly prize draw. Application forms can be obtained from the Parish Office

Prize money of 30% of the total contributions for the month will be shared between 1st& 2nd lucky winners. 75% & 25% each. Winners' names will be published on the Church notice board.

The remainder of the money will help the Church to carry out the repair and maintenance of the Church and Churchyard.

The winners of the February draw

First Prize No. 10 W Hurst

Second Prize No. 34 D Masterman

AN EASY WAY FOR FATHERS TO FEEL CLOSER TO THEIR CHILDREN

When fathers work with their children on puzzles, it helps them grow closer, because their brains 'synchronise'. This leads them to being more 'psychologically in tune' with each other.

A study at the University of Essex said that "the synchronising of brain activity is interesting, because we knew it happened between mothers and children, but didn't know if the same was true with fathers.

"This is important for two reasons. It shows that men *are* biologically wired to provide off-spring care; and second, dads are increasingly being recognised as care-givers and attachment figures to their children."

'Thank you for your prayers, kind messages and cards. I was very apprehensive about going into hospital for my operation and I really appreciate the support I have received at this strange time when we are all so distanced from each other.

Love Lilla'

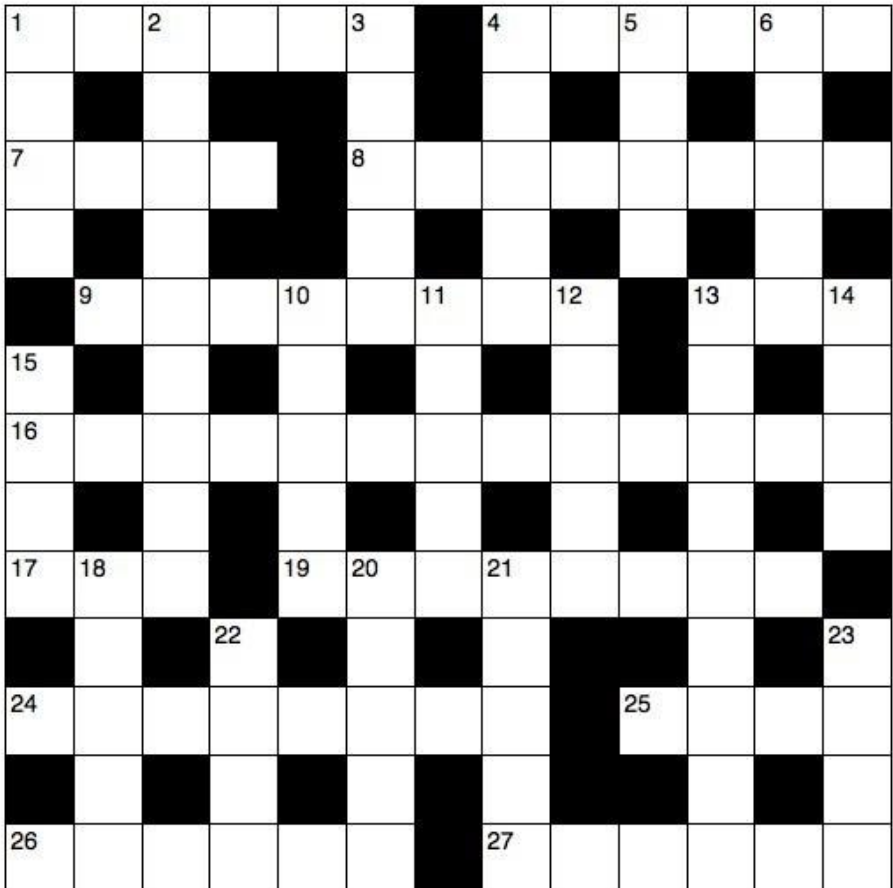
MARCH'S CROSSWORD

Across

- 1 The earth is one (6)
- 4 'On a hill far away stood an old — cross' (6)
- 7 'I am the — vine and my Father is the gardener' (John 15:1) (4)
- 8 The Caesar who was Roman Emperor at the time of Jesus' birth (Luke 2:1) (8)
- 9 'Your — should be the same as that of Christ Jesus' (Philippians 2:5) (8)
- 13 Jesus said that no one would put a lighted lamp under this (Luke 8:16) (3)
- 16 Involvement (1 Corinthians 10:16) (13)
- 17 Armed conflict (2 Chronicles 15:19) (3)
- 19 Where the Gaderene pigs were feeding (Mark 5:11) (8)
- 24 What jeering youths called Elisha on the road to Bethel (2 Kings 2:23) (8)
- 25 The Venerable —, eighth-century Jarrow ecclesiastical scholar (4)
- 26 8 Across issued a decree that this should take place (Luke 2:1) (6)
- 27 Come into prominence (Deuteronomy 13:13) (6)

Down

- 1 Where some of the seed scattered by the sower fell (Matthew 13:4) (4)
- 2 Sexually immoral person whom God will judge (Hebrews 13:4) (9)
- 3 Gospel leaflet (5)
- 4 Physical state of the boy brought to Jesus for healing (Mark 9:18)
- 5 Tugs (anag.) (4)
- 6 To put forth (5)
- 10 Nationality associated with St Patrick (5)
- 11 Leader of the descendants of Kohath (1 Chronicles 15:5) (5)
- 12 'After this, his brother came out, with his hand grasping — heel' (Genesis 25:26) (5)
- 13 At Dothan the Lord struck the Arameans with — at Elisha's request (2 Kings 6:18) (9)
- 14 'Peter, before the cock crows today, you will — three times that you know me' (Luke 22:34) (4)
- 15 Spit out (Psalm 59:7) (4)
- 18 'When I —, I am still with you' (Psalm 139:18) (5)
- 20 Concepts (Acts 17:20) (5)
- 21 Thyatira's dealer in purple cloth (Acts 16:14) (5)
- 22 Does (anag.) (4)
- 23 The second set of seven cows in Pharaoh's dream were this (Genesis)



FEBRUARY'S CROSSWORD ANSWERS

ACROSS:

8, Cross-examined. 9, Ash. 10, Apocrypha. 11, Sci-fi. 13, Typical. 16, Visited. 19, Offer. 22, No account. 24, RAC. 25, Sovereign Lord.

DOWN:

1, Oceans. 2, Hophni. 3, Islamist. 4, Exhort. 5, Omar. 6, On spec. 7, Add all. 12, CBI. 14, Plotting. 15, Awe. 16, Vanish. 17, Starve. 18, Daub it. 20, Furrow. 21, Recede. 23, Cure.

THE UNITED CHARITIES TRUST OF KIRKBYMOORSIDE

The aim of the charity is to make small financial grants to help the sick and elderly of Kirkbymoorside at times of need.

If you know of anyone needing a little help please contact one of the following trustees:

Mark Brosnan	431452
Tony Clark	431531
June Cook	431160
Debby Richardson	432677
Nigel Richardson	432795
Jo Towler	431229
Lesley Temple	431237

USED ITEMS BEING COLLECTED FOR CHARITIES

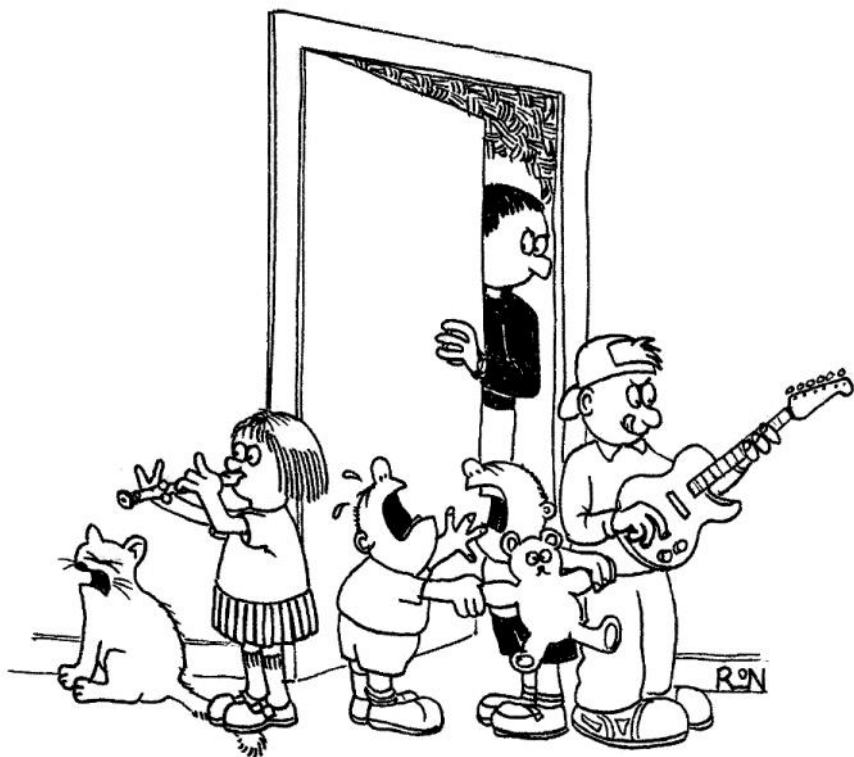
Used Postage stamps are being collected for the **Leprosy Mission** (there is a box at the rear of All Saints')

Bras which are dead, dying, unloved or downright uncomfortable raise funds for breast cancer research and go to help support small businesses in countries such as Togo, Ghana, Kenya and other African countries where local family businesses give them a new lease of life keeping themselves out of poverty and providing bras for local women in areas where they are too expensive to make new locally. A ton of bras raises £700 for research.

Any items left at the back of All Saints' and will be passed on

Anne Warriner 01751 432915 or

e-mail john.warriner252@btinternet.com



*Kevin took himself off to his
study to pray for peace*

Did you know...

That the **RYEDALE TALKING MAGAZINE** provides a **FREE** monthly magazine on CD of wide and interesting articles for everyone who finds reading either a problem or impossible.

Should you require more information or know of anyone who may like to receive the magazine then please contact **Val** on **01751 476499**



Love, Compassion and Respect

Lovely ensuite double room,
or use as a single

Come and join our family for day or long term care

Alba Rose has a **Rich Heritage**, providing 24 hour care for up to 22 residents in a small homely environment, run by the same family for over 30 years.

A dedicated and loyal team of **well trained staff** help ensure a high quality of care is delivered on a daily basis. Led by qualified nurse, Anne-Marie and joint care manager Cherie the senior care team has a combined service of over 100 years.

Well renowned locally, we listen to our residents and day guests to understand their needs, aligning staff and resources to ensure they are met on a daily basis with love, compassion and respect.

Alba Rose is a Community that provides stimulation and enjoyment through an **impressive array** of high quality recreation both in and out of the home.

Rated overall "Good - Outstanding in Responsive"

For further details please
contact: Cherie Allardice:
e-mail:

admin@albarosecarehome.co.uk
Tel: 01751 472754

Keldhead Hall, Middleton Rd,
Pickering, YO18 8NR

ALBA ROSE
CARE HOME



TRUSTED FINANCIAL
ADVICE THE
NFU MUTUAL WAY



Call on 01751 470293 for more info.



Ryedale Garages (1946) Ltd

New Vauxhall & Kia cars, 4 x 4 & vans

Quality Used Cars of all makes

Servicing, Repairs, MOT

Petrol Station and well stocked shop
Open to 10.00pm

**Pleased to serve all the
Parish's motoring needs**

Kirkbymoorside, York, YO62 6DG

Email: sales@ryedalegarages.co.uk
www.ryedalegarages.co.uk

VAUXHALL



North Yorkshire

KIA

HOME DECORATING CENTRE

Painting and Decorating Supplies

Fabrics, Wallpapers,
Made to Measure Curtains and Blinds

Call in and see us soon

7 Market Place, Kirkbymoorside
Tel: 01751 431187

CATHERINE M. JACKSON

ADVANCED CITY & GUILDS
SOFT FURNISHER & UPHOLSTERER

Offering a making-up service for:

Curtains • Pelmetts • Blinds

Loose Covers • Cushions • Bedspreads

Traditional & Modern Upholstery • Alterations etc.

Fabrics • Rollerblinds • Curtain tracks •

Poles and accessories supplied

2 Station Road
Newton
Tel: 01439 770037



DAN POTTER

AGRICULTURAL & HORTICULTURAL SERVICES

Garden Maintenance (including
garden clearances)

Hedge Trimming

Lawn Mowing & Strimming

Patio Pressure Washing
and more.....

Regular Service or one offs

Tel. 01751 433203

Mobile: 07341846950

Email: danpotter08@hotmail.co.uk

MARK ROBINSON PLUMBING & HEATING LTD



01751 431130
07891 805672

Lyndene, Old Road
Kirkbymoorside
YO62 6LX

MOBILE HAIRSTYLIST



'Affordable Hairdressing
In the comfort of your
own home'

Over 20 years experience
City & Guilds qualified
Tel: 01751 433326

Help with Funeral Arrangements
With care and sensitivity 24 hours a day

G. & M. Agar & Sons

Private Chapel of Rest

Specialists in Pre-Need funeral planning

New Road, Kirkbymoorside

Tel: 01751 431711



ADAM COLLIER DipFD, B. I. F. D

INDEPENDENT, FAMILY OWNED FUNERAL DIRECTOR

Private Chapel of Rest
Catering, Floral Tributes
Prepayment Plans available

For a personal 24 hour service call
on **01439 772340** or **01751 147766**.
Covering Helmsley, Kirkbymoorside, Pickering
Thornton le Dale and surrounding areas.

CROPTON GARAGE

Your LOCAL garage

Service ▫ Repairs ▫ Recovery ▫ Bodywork ▫ MOTs
Geoff Temple and Rob Temple

**Back Lane,
Cropton,
Pickering,
YO18 8HJ**

Tel: 01751 417479

Free Collection and delivery service from the Kirkbymoorside and Helmsley area

Classic Cooker Services Ltd

**Independent AGA and Rayburn service and repair
engineer**

Based in North Yorkshire and surrounding areas

Aga registered engineer with 18 years experience

**Covering all fuel types and models in the Aga/Rayburn
product range**

All enquires welcome



**For more info please visit my website
www.classiccookerservices.co.uk**

**Please call us on 07375 292025 or 01751 430970
email john@classiccookerservices.co.uk**



KIRKBYMOORSIDE ENVIRONMENT GROUP

Renewable Energy – Thermal imaging project

Transport – Buses and cycling

Local Economy – Shopping Guide and supporting local businesses

Give or Take Days – Repair Café – Fruit Project

Woodland Management – Meadow mowing and hedge-laying

Waste management – plastic reduction – recycling advice and information

INTERESTED?

Please contact June Emerson 01751 430907 or

email: KMEGadmin@phoncoop.coop



Bespoke Special Occasion Cakes.

Weddings, Birthdays,

Anniversaries, Christenings,

and Fruit Bouquets.

For an Appointment call Rhian on 07974487644

or e-mail at rhian@celebrate-countrycakedesign.co.uk

view my website at- www.celebrate-countrycakedesign.co.uk



Did you know...

That the **RYEDALE TALKING MAGAZINE** provides a **FREE** monthly magazine on CD of wide and interesting articles for everyone who finds reading either a problem or impossible.

Should you require more information or know of anyone who may like to receive the magazine then please contact Val on 01751 476499



THIS SPACE IS AVAILABLE FOR YOUR ADVERTISEMENT

PLEASE CONTACT PAM

pamsails4@gmail.com

Kitching Walker Solicitors

Partners:

STUART G TEMPLE L.L.B. (Hons)

SALLY R HARRISON L.L.B. (Hons)

LESLEY TEMPLE

FIONA J WRAY L.L.B. L.L.M.

PAULA PARKIN FCILEx Legal Executive

Work undertaken: Domestic & commercial Conveyancing,

Leases and Tenancy Agreements, Wills and Trusts,

Lasting Powers of Attorney, Elderly client work and advice,

Winding up of Estates (Probate), Divorce—matrimonial/relationship

8 Market Place

Kirkbymoorside

York

YO62 6DD

Tel: 01751 431237

Fax: 01751 432822

E: post@kitchingwalker.co.uk

DX63741 Kirkbymoorside

Memorials in Granite, Marble and Stone

R.W. ATKINSON & SON LTD

Memorial Masons

Paul's Yard

Off Princess Road

Malton

North Yorkshire

YO17

01653 697910

38 Betton Rise

East Ayton

Scarborough

North Yorkshire

YO13 9HU

01723 862324

HOLT RETIREMENT HOME

A 'family run' home specialising in Dementia Care

A Grade II Detached Listed Building set in landscaped gardens.

Permanent Stay, Respite - Daily Activities

Fresh Local Produce and Home Cooked Food

Level Access to all Rooms

01723 862045

www.holtretirement.org.uk

Main Street, Hutton Buscel, YO13 9LN

(Off A170, 5 miles from Scarborough)

C W STRICKLAND & SON LTD

APPROVED ELECTRICAL CONTRACTORS

63 PIERCY END

KIRKBYMOORSIDE

TEL:01751 431204

EMAIL: sales@cwstrickland.co.uk

www.electricalcontractorsryedale.co.uk

NICEIC APPROVED CONTRACTOR

REWIRES, ADDITIONS AND REPAIRS

CONDITION REPORTS

SOLAR GENERATION INSTALLATIONS & REPAIRS

AIR CONDITIONING INSTALLATION & REPAIRS

ELECTRIC VEHICLE CHARGING POINTS

EURONICS' DOMESTIC APPLIANCE OUTLET

SUPPLIERS OF ALL MAJOR BRANDS

DOMESTIC APPLIANCE REPAIRS AND SPARES

LIGHT FITTINGS, SHADES AND LAMPS OF ALL TYPES

hh HARRISON HOLT

Chartered Accountants

Sensible constructive advice

Our practice deals with clients ranging from individuals through to multi-million pound corporate entities. We pride ourselves on our efficiency, proactivity and tailor made services. We specialise in owner manager businesses, farms and charities providing them with bookkeeping, accounting, VAT, payroll, audit and business planning. For further information do not hesitate to contact us.

Principal: Philip Holt BSc. FCA., FCIE

High Park Farm, Kirkbymoorside, York, YO62 7HS

info@harrisonholt.co.uk.

01751 430100

S.J. WOOD

**Professional Painter
and Decorator**



**Wallpaper Hanging
Cornices & Dados
Interior & Exterior Painting**

**For a quality, reliable service
Telephone 01751 433181**

**1 Slingsby Garth
Kirkbymoorside
York, YO62 6JD**

The Lion Inn



Blakey Ridge

**Tel: 01751 417320
www.lionblakey.co.uk**

**Breathtaking views from the highest point of
the North Yorkshire Moors**

**Food served all day
Bar Meals x Sunday Lunch**

**A la carte Restaurant
Bed & Breakfast
Real Ales**

W Bumby & Son
Joiners and Funeral Directors
Established 1964

Independent Family Business
Private Chapel of Rest
Cremation or Interment Memorials

Prompt Personal attention
Pre-payment Funeral Plans

Phone Day or Night
01751 432737
38 Dove Way
Kirby Mills
Kirkbymoorside
YO62 6QR

Joiners and Joinery
Manufacturers

Specialists in PVCU
Windows, Doors, Conservatories
and roof line refurbishments

Workshop: 38 Dove Way
Kirby Mills Industrial Estate

Phone or Fax: 01751 430280

ADVERTISING SPACE AVAILABLE

YEARLY COST

£25 - EIGHTH PAGE

£40 - QUARTER PAGE

£70 - HALF PAGE

£125 - FULL PAGE

PLEASE CONTACT PAM

pamsails4@gmail.com

01751 432252

VICAR
CURATE

The Revd. Mark Brosnan (Day of Rest: Friday)
The Revd. Bridget Gillespie

431452
01439 771272

BENEFICE ADMINISTRATOR: Tania Haldenby

430216

Office hours: Mondays, Wednesdays and Fridays 9.00am—12.00pm

E-Mail: kmsparishoffice@gmail.com

Website: www.kirkbymoorsideparish.org.uk

THE DEADLINE FOR ARTICLES IN THE
APRIL MAGAZINE IS

MONDAY 15 MARCH

Please note articles received after the deadline date might not
go in the magazine until the following month