

St Aidan's Church, Gillamoor



St Mary's Church, Farndale

SURPRISE VIEW

JUNE 2021



All Saints' Church, Kirkbymoorside

**THE CHURCH MAGAZINE OF
KIRKBYMOORSIDE – GILLAMOOR
FADMOOR - FARNDALE - BRANSDALE - EDSTONE
NO SUBSCRIPTION FOR 2021**



St Nicholas' Church, Bransdale



St Michael's Church, Edstone

THE ANCIENT CHURCH

Sometimes I sit within my pew
And gaze upon an ancient view
Of stones, which, set by mason's line
Have stood through centuries of time;
Of glass, whose colours, vivid, bright
Have told their wondrous tales of light
And filtered sunshine's timeless rays
To countless eyes through countless days.

The pulpit where, through long past years
God's servants preached to faithful ears;
The lectern and its Bible read
Aloud to both the quick and dead;
The feet, which down that aisle have trod
To worship everlasting God;
The angels, as they downward gaze
Have heard ten thousand songs of praise!

Songs of joy, and infant cries
As they gathered to baptize,
Songs of love and celebrations
In marriages and confirmations,
Songs of sadness and of loss
Sung before the Saviour's cross.
So many lives have come, then flown
Within this ancient house of stone.

So, as I sit and wonder how
Such history should guide me now?
Such faithful worship through the years
May move me to shed humble tears.
These ghosts bring me joy, not fear
I know I'm just a tenant here
And in one way they are my guide –
They keep me free from pompous pride!

JUST A THOUGHT

In his saga of books, about the fictional community of Port William in Kentucky, America, the novelist and poet Wendell Berry has created a quiet, simple and poignant reflection on rural life.

One particular favourite is the novel, “*Jayber Crow*”, about a young man who works as the town barber. Earlier in his life, Jayber has attended Bible College, but leaves when he believes he no longer has a vocation to serve as a minister.

Before leaving, Jayber has one final conversation with the College Principal -

“You may have been right, Jayber (about not having a vocation)...but it may not be what you think. You have been given questions to which you cannot be given answers,” said Dr Admire. “You will have to live them out – perhaps a little at a time.”

“And how long is that going to take?”

“I don’t know. As long as you live, perhaps.”

“That could be a long time.”

“I will tell you a further mystery,” said Dr Admire. “It may take longer.”

We share Jayber’s quiet life of service to the community as town barber, and eventually as grave digger and caretaker of the local church.

Throughout the novel, the author gently unfolds a life lived in the light of faith. Berry affirms the beauty of friendship, the value of loyalty and community, hinting at the divine purpose to be revealed in a simple life well-lived.

A life which is true to itself, a life which, through daily joys and sorrows finds Jayber given and receiving far more than he could have hoped.

“*Jayber Crow*” comes warmly recommended!

May you each be blessed on your journey,

A handwritten signature in black ink, appearing to read "Mark". The signature is written in a cursive style with a long, sweeping underline that extends to the right.

SERVICES IN ALL SAINTS'

6 **First Sunday after Trinity:**
Parish Eucharist 10:30am
Readings: Genesis 3.8-15
 Mark 3.20-end



13 **Second Sunday after Trinity:**
Morning Praise 10:30am
Readings: Mark 4.26-34



20 **Third Sunday after Trinity:**
Parish Eucharist 10:30am
Readings: Job 38.1-11
 Mark 4.35-41



27 **Fourth Sunday after Trinity:**
Holy Communion with Baptism 10:30am
Readings: Mark 5.21-end



JULY

4 **Fifth Sunday after Trinity:**
Parish Eucharist 10:30am
Readings: Ezekiel 2.1-5
 Mark 6.1-13



Holy Communion (BCP) each Wednesday at 10:00am
in the Lady Chapel All Saints' Church

Anyone wishing to receive Communion in their own
home please contact the Vicar, the Revd. Mark Brosnan

BITS AND PIECES

An update from last year's Coronavirus Benefice Survey.

Many thanks for all your responses, which have now been gathered and reflected upon.

A Benefice Study Day is planned for later in the summer once Lockdown restrictions enable us to gather once again. It is hoped that as many people as possible from across the Benefice will come together to consider how we move forward.

Broadly the areas you have highlighted for consideration are Worship, Discipleship and Pastoral Care.

Children and Young Families

Similarly, it is recognised that our Churches need to be more proactive in reaching and supporting children and young families – both in and out of church worship.

There will be a day to consider these issues in the late summer / autumn.

Everyone with an interest in this area is invited.

Further details to follow.

Mark



MORNING PRAISE

Worshippers basked in warm spring sunshine in the Millennium Garden for the return of our communal worship at All Saints Church.

There will be further informal outdoor gatherings at 10:30 on second Sundays, over the Summer months, and all are welcome to join us.

Clare Haynes

PILGRIMAGE 2021

We are hopeful that our annual Pilgrimage will be able to take place this year, although a month or so later than in previous years. So please note the date in your diary – 11/12 September. More details will be available shortly.

Anne and Les

PRAYER FOR ENCOURAGEMENT IN JUNE

Father,

At this time of year, we remember Barnabas, a good man, full of the Holy Spirit and faith, who encouraged people to stay true to you – and others to trust you for the first time.

Lord, we have gone through difficult days. The pandemic has taught us that we are not in control. We don't know what each new day might bring. As we move into June and the hope of more normality after the restrictions of Lockdown, we too need encouragement.

Help us to have courage to step forward with confidence and common sense. Most of all help us to stay true to you and to trust you, knowing that you are the security we need, knowing that you will never leave us or forsake us. Help us to be encouraged!

In Jesus name, Amen.

By Daphne Kitching

**Extract from 'The Church Window' The magazine for
Kirkbymoorside with Gillamoor and Bransdale with
Farndale.**

JULY 1957

GILLAMOOR

By the time this is in print, the old altar rails previously across the entrance to the font will be in their new position at the end of the choir stalls, in use again as communion rails. The new frontal has arrived and is in use, and has been admired by many. As the top of the altar is moveable, not being fixed to the table frame, it has been thought wise not to place vases of flowers on the altar as hitherto, in case of a spill. The frontal goes right over the altar back and front, and water would stain it perhaps irretrievably.



THANK YOU

“We would like to say thank you to all of our friends at All Saints’ Church, who have sent lovely sympathy cards, flowers, words of comfort and many offers of help, since Edith passed away on the 24th of March 2021 after long and very painful illness. Because of the lockdown we had to restrict the number of friends in Church, and we are sorry for those who could not be invited. The collection in lieu of flowers was divided between Marie Curie and All Saints’ Church as Edith would have wished.”

Thanks to all, Frank, David, Jackie and family”

ALL SAINTS'100 CLUB

The purpose of the 100 club is to raise much needed funds for the upkeep of All Saints' Church and Churchyard.

In order to relieve the Treasurer of this part of the Church's finances, we are looking for a volunteer to take on the running of the 100 club. This involves undertaking the monthly draw, passing on details for payment to the Treasurer, monitoring renewals and subscriptions and encouraging new members. Please contact Les if you are interested in helping.

Joining the 100 Club is a fun way of supporting your Church. By paying £5 per month either by standing order, cheque or cash. You will be allotted a number which will go into the bag for the monthly prize draw. Application forms can be obtained from the Parish Office

Prize money of 30% of the total contributions for the month will be shared between 1st& 2nd lucky winners. 75% & 25% each. Winners' names will be published on the Church notice board.

The remainder of the money will help the Church to carry out the repair and maintenance of the Church and Churchyard.



JAM JARS

Dear Fiends

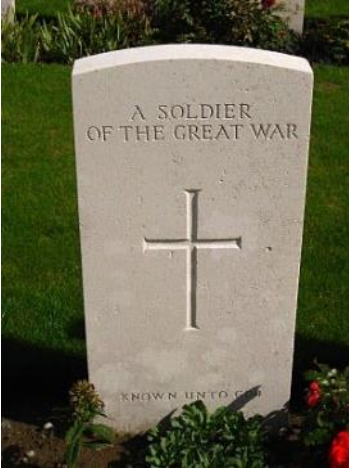
Thank you so much, so many of you, who have given me jam jars. The size I use is 340g, the size is always printed on the label. If I use bigger ones, I do not make a reasonable profit and if I use smaller ones, I feel I am cheating my customers. But I do desperately need more jars.

Thank you all so much,

Eliza

Castle Walls, Castlegate YO62 6BW

MAY'S MENZOWN MEETING



Andrew Thornton spoke on zoom to the May meeting about the world-wide and on-going work of the Commonwealth War Graves Commission. Its origin was World War One. Andrew described how the world struggled to commemorate it; describing the human anguish, religious and cultural sensitivities, non-repatriation of bodies and the artistic, architectural and literary work that resulted. The picture (left) reminds us how many bodies remained unidentified. Graves and memorials are kept to a high standard with 850 gardeners. Some graves can be found in churchyards. There are some at Kirkbymoorside. Those wanting to access the archive, find local graves or trace names, should go to the website [cwgc.org](http://www.cwgc.org) lan Watson led a vote of thanks.

The next meeting of **MenZown** will be by zoom on Monday June 14th from 7.30pm., when Phil. Collier will talk about “Farming in the Dales”. For more information, recordings of past **MenZown** talks, links to other groups or how to join, please go to www.menzownkms.org

The Chairman reported the recent death of long-standing **MenZown** member Mr. Les. Ayling.



OUT TO GRAZE



A group of elderly British tourists were touring Holland by bus. They stopped at a cheese farm where a young guide led them through the process of making cheese from goat’s milk. She showed the group a lovely hillside where many goats were grazing.

“These,” she explained, “are the older goats put out to pasture when they no longer produce.” She then asked, “What do you do in Britain with your old goats?”

A spry old gentleman answered: “They send us on bus tours!”

THE CHILDREN OF LIGHT FESTIVAL

In March, the diocese launched The Children of Light Festival. This is a year long celebration of young people in our churches. It is meant to be a time to encourage young people in their faith, as well as asking churches to consider and reflect on how young people are welcomed and provided for in church.

The festival began with a videoed service where the Archbishop of York commissioned young people and sent them out as beacons of light into their churches. (This is still available to watch on the Children of Light page on the diocesan website.)

Light is connected to hope. Young people are full of light and hope and life. This is something us older people in churches should remember and respect and learn from!

Throughout the year there will be some specific events happening on parish, deanery and diocesan levels for young people to share and learn about faith. However, the diocese also aims to equip churches, schools and families with resources to help them nurture spirituality and faith in young people, and to consider their own approach to young people in their church family. There will be extra training opportunities provided over the year covering aspects from ministry in schools to the concept of 'Sweaty Church'. The year also aims to foster sharing of good practice between churches, as well as working together on projects.

As deanery champion for Northern Ryedale Deanery, I am spreading the word of the festival and helping to co-ordinate activities in the area. However, a small working party made up of people across the deanery who already have contacts with schools and other members of the community would make this so much easier! If you would like to help practically, or be on an email list for information or prayer pointers, please do get in touch. Thank you.

The Children of Light Festival is a year of pilgrimage, of going on a journey together, of travelling in faith and companionship. What a great opportunity to help us all as we strive to live Christ's Story in the Diocese of York.

Lucy Willshaw (Helmsley)

lucy.willshaw@outlook.com

More information from:

<https://dioceseofyork.org.uk/schools-and-youth/children-of-light-festival/>

CHRISTIAN AID EVENT FARNDALE

Almost 2 years ago, the door to door collectors (Joan, Audrey, Shirley-Ann and Phil) decided that we would change the way we raised Farndale's donation to Christian Aid by holding a social afternoon at Farndale's amazing new Village Hall.

We were unable to do this last year, but the Village Hall has been booked for Saturday 26th June this year (Covid permitting) adhering to any remaining restrictions. Tea/coffee and cake (table service only) will be served between 2pm and 4pm. There will be stalls for Home Produce, Plants, Books/Jigsaws and a Tombola. Weather permitting, we may also be able to sit outside.

If you are able to help us by donating a cake, home produce, flower or vegetable plants or a prize for the Tombola we would be really grateful. But most of all we would love you to come and share the afternoon with us.

For more information please telephone Shirley-Ann - 01751 433250.

(If, because of further Covid restrictions, we have to postpone this event, a notice will be placed in the porch of each of the benefice churches).

Shirly-Ann Collier



NEWS FROM ST. MARY'S, FARNDALE

What a joy it was to come together at St. Mary's on May 9th for our first communion service since Christmas Eve. Just to actually meet with neighbors and friends face to face once again. Zoom is marvelous in these turbulent times but to be able to say hello to each other and to see one another brings us back to reality and hopefully better things to come.

The grass is once again growing, and St. Mary's will soon need its first trim. I don't know if it's because we are getting older or Covid, but our community gang seemed to dwindle last year making more work for those who were there. So this year we are looking into getting help from the North York Moors National Park. It seems they have a group of volunteers who will help to keep churchyards looking tidy. If we manage to get help from them, we are looking at a cut somewhere near the end of June. Any of our loyal helpers are still welcome to come and help, many hands make light work!!

Phil Collier

A PRINCE'S LEGACY ON MATTERS OF FAITH

Just when we thought the last word had been written about the late Duke of Edinburgh, it emerged that he had a genuine interest in theology. That dashing young naval officer, who became the Queen's dutiful consort and accompanied her to thousands of church services, was someone who listened intently to sermons, thought through what was being said, and then asked questions.

Every Sunday when the royal couple were at Sandringham, a diocesan bishop was invited to preach in the parish church. Afterwards, they were grilled by the Duke who, we are told by one of them, showed that he "wanted to be intellectually and spiritually engaged". That's a polite way of saying he wasn't prepared to swallow what came out of the pulpit if he wasn't convinced by it.

Some Christians are suspicious of people who probe the faith. Should it not be taken on trust? Who are we to question the Almighty? For others, doubt hovers uninvited. Honest doubt won't settle for unbelief but will continue to persevere with its enquiries. The Russian writer and philosopher Fyodor Dostoyevsky wrote: "It is not as a child that I believe and confess Jesus Christ. My hosanna is born of a furnace of doubt." Dostoyevsky had lived a turbulent life, both personally and publicly, and wrestled mentally with himself and God. Some people are like that.

Prince Philip had been baptised into the Greek Orthodox Church and was received into the Church of England just before his marriage. He organised much of his own funeral, and if you followed it, you will remember how traditional it was. Many of the prayers were from the 17th Century Book of Common Prayer, the hymns were more ancient than modern, and the Bible readings confidently proclaimed the magnificence of God's Creation and Jesus' teaching about the resurrection. These are basic to Christianity and it was from such a foundation that he was able to explore.

So, if you wake up one morning questioning everything you have believed, take it, it is a spur to dig deeper and ask questions. Be encouraged by Philip, who shunned a second-hand faith because he wanted to know the truth for himself.

The next time you hear a sermon which you can't understand or disagree with, don't let the preacher get away with it. And if, in your private conversations with God, you find yourself praying, 'Lord, I believe; help my unbelief,' you won't be the first. See Mark 9, verse 24.

ENVIRONMENTAL ATTENDANCE

When we think of analysing church attendance, we usually do it by denomination, churchmanship or people's age. But there is another way. We should also consider the *environment* (catchment area) of where people attend a church.

The most recent *Rural Digest* was issued by the Government Statistical Service in March of this year, comparing the rural and urban populations in England. Those of us living in rural towns, villages and hamlets are one-sixth, 16%, of the total population, while those of us living in urban areas (major and minor conurbations, cities and towns) are 83% of the population. (The remaining 1% are living in what are called "sparse settings," mostly remote rural areas.)

Churchgoing analyses have different classifications, but broadly speaking, those living in commuter rural areas are 10% of all churchgoers, and those in remoter rural areas (which would include sparse areas) are a further 7%, and the total of these two is 17%, the same as the total in the general population. Urban and suburban churchgoers form the remaining 83%.

Over the past 20 years, Inner City church attendance has dropped just -4%, the smallest decline of all environments. Why? Because this is the area where so many Pentecostal churches are located. However, there are three environments where their proportion of all churchgoers in 2020 is greater than in 2000 – City Centres (growth mainly growing larger churches), Inner City (growth due to the planting of many Pentecostal churches as well as congregational growth) and Suburban areas (also where many church plants have taken place). Both factors are important for growth.



The Rectory
St James the Least of All



My dear Nephew Darren

Since your parishioners mostly live in an area of half a square mile, where their only concern in getting to church is whether to take the underpass, or to risk a dash across the ring road, you may have little understanding of the problems our folk have in travelling our long country lanes to church, especially as we are keeping our social distance from each other.

Several parishioners have decided that they can't possibly share cars even with their own spouses, as in their 15-room homes they have successfully (and in some cases, happily) avoided each other for months. So the lane outside the church has filled up each week with Mercedes nudging Audis, and Land Rovers easing in between Bentleys.

Others arrive on horseback. But they are careless about leaving their horses to graze in the churchyard, and I have had to remind them twice that flowers in memorial vases are not fodder. The horses do help to keep the grass down, but unfortunately our verger now objects to standing outside during Mattins, holding the reins of half a dozen horses. He says it is not part of his job description, which only confirms my view that there is entirely too much fuss these days about having job descriptions at all.

Major Crompton's devotion to his new sit-on lawnmower has inspired him to travel to church on it. Since he is unable to uncouple the mowing apparatus, the tarmac on his two-mile drive is acquiring interesting patterns. His drive at two miles per hour along narrow lanes means he arrives leading a procession of cars with drivers given the opportunity to exercise the Christian virtue of patience.

Mrs Pendleton, on the other hand, leads a small but select group from the Mothers' Union who are all keen cyclists. They all arrive on a whoosh of fresh air, their hair in total disarray, but with pink cheeks glowing with health. Nobody in church minds sitting near them, as anyone who can manage to peddle an old three-gear bicycle up the hill to our church is most unlikely to be sickening for anything.

Finally, of course, the majority arrive on foot, having negotiated fields, stiles and assorted cattle on the way. The countryside may well praise God, but one does wish they wouldn't bring quite so much of it into church.

Your loving uncle,

Eustace

WAKE UP!

Remember the story of Jacob, and how God met him in a dream when he was sleeping on the desert floor with a rock for his pillow? The story in Genesis 28 says this: ‘When Jacob awoke from his sleep, he thought, “Surely the Lord is in this place, and I was not aware of it.”’

I wonder what place you find yourself in today, and if you are aware of God’s presence with you there?

It may be a geographical place, the place where you live or work. That may be a beautiful place to be, or it may be a very hard place to be, and you would much prefer to be somewhere else. Either way, God is with you there, for He is everywhere, and there is no place where He is not.

It may be an emotional place, as when we say, ‘I’m not in a good place right now’. How are you feeling today – up or down? Again, whatever mood you are in, God is with you for He knows us through and through. Having become human, He understands all our fluctuating emotions. He can comfort us right where we are.

It may be a phase of life that you are passing through, a stage on life’s journey or a transition as you move from one situation to another. You may be passing through the valley of grief and loneliness, or anxiously waiting for news of a loved one who is ill. No matter where you are, you are not alone, for God is with you whether you can feel His presence or not.

What is needed is for us to become more aware of God’s surrounding presence, to wake up to His closeness as did Jacob.

Lord, wake me up to your abiding presence, even this day.



DON'T FORGET THE OTHER HALF



When my daughter said her bedtime prayers, she would bless every family member, every friend, and every animal (current and past). Then one night, after we had finished the nightly prayer, she added: “And all girls.” This soon became part of her nightly routine.

Finally, my curiosity got the best of me and I asked her why she had begun adding the part about all girls. Her response? “Because at church the minister only ever says ‘all men!’”

THE PARABLE OF THE GREAT BANQUET

One thing that we've probably missed over the past year is parties. Well, this month should enable us to party again! Lots of Jesus' parables focus on parties, as they are a picture of the joy, hope and life of the kingdom of God. The parable of the Great Banquet (Luke 14: 15-24) challenges us not to miss out on this.

In Jesus' day, when people accepted an invitation to a banquet, they were only told the actual time on the day: 'Come, for everything is now ready' (17). Jesus' invites each one of us to share in the life of His kingdom.

However, the guests made excuses for not coming. At the time, this would have been extremely insulting to the host. They said: 'I have just bought a field; I must try out my new team of oxen; I have just got married' (18-20). These are all good things in themselves, however they reveal their priorities were elsewhere.

We too can be pre-occupied with our own routines of work, family, retirement, holidays, friends, home, social media, that we forget God's priorities for our lives. Jesus calls for total commitment from His disciples. What priority in my life is holding me back from accepting His invitation?

How did the host respond? He ordered His servants to 'Go out quickly into the streets and alleys of the town and bring in the poor, the crippled, the blind and the lame.' (21). He invited the unexpected and unacceptable people to His banquet. Jesus makes the point that God's kingdom is open to all! Thinking about our family, friends, colleagues and neighbours, even if they're not like us or show little interest in God: Are we willing to offer them God's invitation to share His love and life?



THE BEGINNINGS OF BOOTS THE CHEMIST

Jesse Boot, the British pharmacist and philanthropist, died 90 years ago, on 13th June 1931. He turned the Boots Company started by his father John – a former agricultural worker – into a chain of chemists branded ‘Chemists to the Nation’.

The 1st Baron Trent, as Jesse became in 1929, sold his controlling interest to American investors in 1920, but Boots continues to be a familiar name to all Britons. Ironically John Boot had offered his close friend and business associate John Harston the opportunity of going into business with him, but Harston had felt it was not a good investment.

Jesse Boot was a great benefactor to the City of Nottingham. He gave land for what is now the University of Nottingham and was presented with the Freedom of the City of Nottingham in 1920.

He met his wife, Florence Rowe, in a Wesleyan Chapel in Jersey while he was recuperating from illness. She was also an astute businesswoman, who helped to develop the Boots business, and her home island of Jersey benefited from the couple’s generosity. After her husband’s death she commissioned the glass artist René Lalique to refit the Anglican church of St Matthew there as a memorial to him.



WHERE ARE OUR BIRDS?

British birds are in big trouble. 80 per cent of our most popular species are in severe decline, according to recent data from the RSPB’s annual Big Garden Birdwatch.

The world’s largest wildlife survey has found that 16 out of the 20 most spotted garden birds have been in decline since 2020. There are now concerns about the greenfinch and chaffinch, which were seen in their lowest ever numbers this year.

The top five birds seen in people’s gardens were: house sparrows, blue tits, starlings, blackbirds and wood pigeons. Only robins, blackbirds, carrion crows and the song thrush grew in number in 2020

GARDENING REALLY IS GOOD FOR YOU

According to a recent study conducted by the Royal Horticultural Society (RHS) and two universities, people who garden every day have well-being scores 6.6 per cent higher, and stress levels 4.2 per cent lower than those who do not garden at all.

Dr Lauriane Chalmin-Pui, RHS well-being fellow and lead author says, “The evidence overwhelmingly suggests that the more frequently you garden, the greater the health benefits.

“In fact, gardening every day has the same positive impact on your well-being as undertaking regular, vigorous exercise like cycling or running. Gardening is like effortless exercise: it doesn’t feel as strenuous as going to the gym, but we can expend similar amounts of energy.”

HOME ALONE, WANTING A GNOME

Do you yearn for a garden gnome? You are not the only one.

Since last year’s lockdown, garden centres have been reporting a ‘massive upswing’ in ornament sales, due to people being forced to spend more time in their gardens.

Gnomes top the list of most-wanted ornaments, with a near 100 per cent increase in sales over the past two years.

There was even a gnome crisis a while back, when the Suez Canal got jammed, and thousands of gnomes on their way to UK gardens could not get through.

BEWARE JAPANESE KNOTWEED THIS SUMMER

This month (June) could see a sudden bumper appearance of the notorious garden pest, Japanese knotweed.

The Royal Horticultural Society (RHS) experts have warned that the April frosts either delayed or killed other plants who would have helped keep it in check. Unfortunately, the pest is very hardy, and will not have been killed off.

The plant grows up to 2.1 metres (7ft) tall and can destroy the foundations of houses and run riot in gardens. It can even devalue property, and lead to the refusal of mortgages on the land.

THE MAN WHO INVENTED THE SAXOPHONE

It was 175 years ago, on 28th June 1846, that Belgian musical instrument maker Adolphe Sax patented the saxophone.

Born Antoine-Joseph in 1814, Sax quickly became known for his brilliant inventiveness and his abrasive personality, but also – to the despair of his mother – for his brushes with death as a child. He fell from a height of three floors and was believed dead, drank a bowl of dilute sulphuric acid thinking it was milk, swallowed a pin, and received serious burns from a gunpowder explosion. He also fell on to a hot cast-iron frying pan, was struck by a cobblestone and fell into a river, then several times narrowly escaped poisoning from sleeping in a room where varnished furniture was drying.

He also contracted lip cancer in the 1850s but made a full recovery.

It was surprising then, that he lived until his 80th year, dying in poverty in Paris despite his many musical instrument inventions, which did not bring him wealth because they were copied by others, despite his patent.

As well as the saxophone, which received huge support from classical composer Berlioz, he also invented the saxatromba, saxhorn and saxtuba. He himself played flute and clarinet. His parents were also instrument designers.

“IT IS LIKE DRIVING ON THE MOON”

Some of our British roads are beginning to resemble “the surface of the moon”, according to the RAC. It has recently reported that an average of 52 drivers a day are breaking their cars on potholes and needing to be rescued.

More than 4,000 drivers have needed assistance since January, despite the fact that lockdown has meant many fewer cars on the road.

After years of underfunding and patch-up repair jobs, and despite the fact that councils are currently filling a pothole every 19 seconds, the RAC says that the Government and local councils face an ‘enormous task’ to get our roads “anything like reasonable” again.

Potholes are nasty to cars. They can break your suspension springs, distort your wheels, and damage your shock absorbers, among other woes.



GIVE A COMPLIMENT

We all like to receive a compliment from time to time. As Robert Orben, former script writer for President Gerald R. Ford once said, "A compliment is verbal sunshine."

Another American, Leo Buscaglia once observed: "Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn someone's life around."

At a funeral service, nice things are usually said of the deceased. While these comments are comforting for the relatives, did the same folks ever bother to say these kind things to the person themselves, when they were alive, to show them how much they were appreciated?

Sadly, not everyone seems able to compliment others. Perhaps they never received compliments when they were young, or perhaps they feel that to compliment someone else is to somehow put themselves down. For whatever reason, such people miss out on a whole lot of pleasure in life.

Whenever we see something that is worthy of a compliment, why not give it, and bring 'a little verbal sunshine' into someone else's life!

CHARITY

Charity or love what's in a name?

The King James Bible translates them the same.

Corinthians 13 tells the great theme

Of love everlasting, everyone's dream.

Loved by all brides on their wedding day

The verses they all want the preacher to pray

The wonders of love that overrules all,

That holds on believing whatever befalls.

Love always trusting always prevails

Enduring, protecting, love never fails.

Faith hope and charity, virtues all three

But love is the greatest and ever will be.



THOSE WHO CRY OVER SPOILT MILK

What happens when you spill a cup of coffee? Does the minor irritation ruin the rest of your day? Or do you simply clear up the mess and not give it a second thought?

Our brains respond in different ways to minor negative experiences. Now a study by psychologists at the University of Miami has found that the way in which your brain responds may even impact your long-term psychological well-being.

Psychologists refer to this as 'spill-over', which is the extent to which small negative experiences affect your mood and your day-to-day life. Not surprisingly, people who fixate on small things are less happy.

As one psychologist said: "Basically, we found that the persistence of a person's brain in holding on to a negative stimulus is what predicts more negative and less positive daily emotional experiences."



DON'T MAKE DECISIONS ON AN EMPTY STOMACH.

Scientists at Harvard have found that when you have higher levels of the body's hunger hormone, ghrelin, in your system, you are more likely to be impulsive. This means that you will be liable to make poor decisions, tending towards instant gratification rather than long-term achievement.

In one experiment, hungry women with a higher amount of the hunger hormone chose to receive £20 the same day, instead of £80 in two weeks' time.

So, ghrelin may well "play a broader role in human related behaviour and decision making, such as monetary choices."

REMEMBERING CARL JUNG

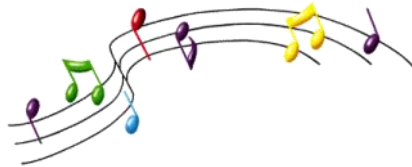
It was 60 years ago, on 6th June 1961, that Carl Jung, the Swiss psychiatrist and psychologist, died. He was the founder of analytical psychology.

Today he is thought of as a countercultural icon and an advocate of spirituality outside religion, associated more with New Age thinking than mainstream psychology. But he came from a traditionally Christian family, being the son of an impoverished rural pastor. Early on, he had ambitions to go into the ministry himself.

Instead, he created some of the most widely known psychological ideas, including synchronicity and the collective unconscious. Both he and his mother – Emilie Preiswerk – experienced disturbing paranormal phenomena, which he was determined to explore and explain.

Early in his career he was championed and encouraged by the pioneering Sigmund Freud, who secured his appointment as president of his newly founded International Psychoanalytical Association, but they soon went their separate ways, because their ideas were incompatible. Jung was disappointed at the schism, but it resulted eventually in the establishment of his own analytical psychology as an all-encompassing system separate from psychoanalysis.

He published many books, including the highly controversial *Answer to Job*; some of his work, such as his mysterious *Red Book*, remains unpublished



TROUBLE SLEEPING?

Try listening to ‘sedative music’, with a slow tempo, soft volume and smooth melody. Music is less invasive than sleeping pills and may possibly work for you.

A recent study carried out at a university in Taiwan found that “listening to sedative music can improve sleep by modulating sympathetic nervous system activity and the release of cortisol, thereby lowering levels of anxiety and stress responses.”

Listening to music before bed for more than four weeks was found to be especially effective.

WHAT DO YOU THINK WILL HAPPEN AFTER COVID?

You can take your choice: a recent survey has found that a third of us think that society may **never** go back to the old ways, a third of us think we will go back to **exactly** as we were before, and a third of us think that we will be **keener than ever** to stay together.

The Together Coalition, chaired by the Archbishop of Canterbury, has been working for the past year on a piece of research to track just what has happened to communities during lockdown.

The new research has found that “people feel a stronger sense of connection to their neighbours and community. ...We found a clear public appetite for a society in which we are more connected to each other, and the community spirit of 2020 is kept alive.”

It also found that around 12.4million people have volunteered during the pandemic, 4.6million of them for the first time. And 75 per cent of those volunteers would be happy to do so again.

PEACE BETWEEN NEIGHBOURS

Peace between neighbours near,
Peace between kindred here,
Peace between lovers dear,
In the love of the King of us all.

Peace man with man abide,
Peace man to wife allied,
Mother and bairns to guide,
And peace of the Christ above all.

Bless, O Christ, bless my face,
My face bless every face,
Christ, bless mine eye with grace,
Mine eye give a blessing to all.

From Poems of the Western Highlanders



GRACE – GOD’S KINDNESS TOWARDS US

The word ‘grace’ is one of the most important words found in the New Testament. It means God’s loving disposition towards us as sinners. God’s ‘grace’ is almost another word for God’s love. This grace is the foundation of our salvation. So Paul can say that ‘we are justified freely by His grace’ (Romans 3:24); ‘where sin abounded, grace abounded all the more’ (Romans 5:20); ‘by grace you are saved through faith’ (Ephesians 2:8).

But the word ‘grace’ is also used in another way in the New Testament. It means the godly character being reproduced in Christians; Christ living in His people by His Spirit and making them like Himself – gracious.

Luke records that as Jesus grew up ‘the grace of God was upon Him’ (2:40), and that the people wondered at the ‘gracious words’ that He spoke (4:22). John says that Jesus was ‘full of grace and truth’ (1:14). The most common benediction bestowed on Christians in the letters of the New Testament is ‘the grace of our Lord Jesus Christ’ (eg Romans 16:20; 1 Cor. 16:23).

From this understanding of grace comes the reminder and the exhortation that all of us as Christians are ‘to grow in grace’ (2 Peter 3:18). Our lives should manifest the grace of God in love and compassion and kindness.

But grace is not something we can achieve on our own. True grace is only found in close communion with our Lord Jesus Christ.



RUMTOPF

A TREAT FOR NEXT CHRISTMAS !



A German tradition is to preserve a mixture of fruit in rum, starting with the earliest fresh pickings of rasp/strawberries, building up through the year to the autumn brambles. At Christmas enjoy a dessert of rum-soaked fruit with a good ice cream – and drink the liqueur!

Why is this in the Church magazine?? For many years, in Kent and then with Sinnington Strawberry Fields on the doorstep, Georgina and I have made Rumtopfs. Now the preparation work is no longer a pleasurable part of the process and we have two surplus pots. (Daughter has two of her own, son not interested!) We know from experience that bric-a-brac stalls are not the best way of getting benefit from items like these, so with the Editor's permission we thought we would try this –

The two pots shown are available, each for a donation of £15.00 to church funds. Advice gladly given and it is also on Google..... Phone Bill Oldfield 01751 430357

THE POST CARD

A post card from you sent to me
Causes me to smile with glee!
I can't have the blues
As I read the news
Of your time with the sun and the sea!

I love how it lands on the mat
So it's there when I hang up my hat;
And no more time passes
Ere I reach for my glasses
And happily read all your chat!

A message by text's not the same.
And Facebook is all just a game.
I know some will say
It's the new modern way,
But the lack of a card? It's a shame!

By Nigel Beeton



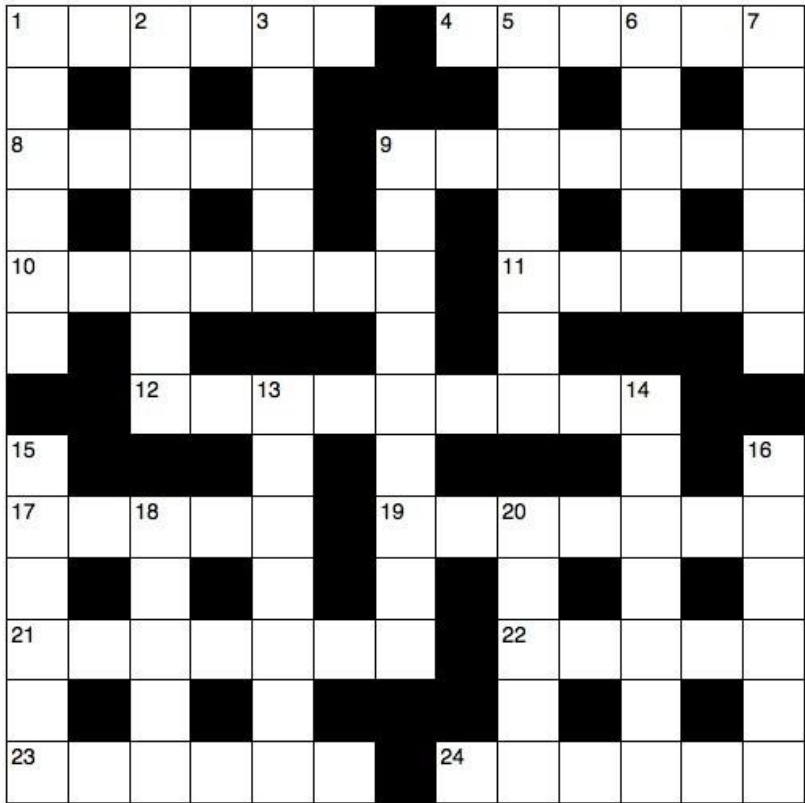
JUNE'S CROSSWORD

Across

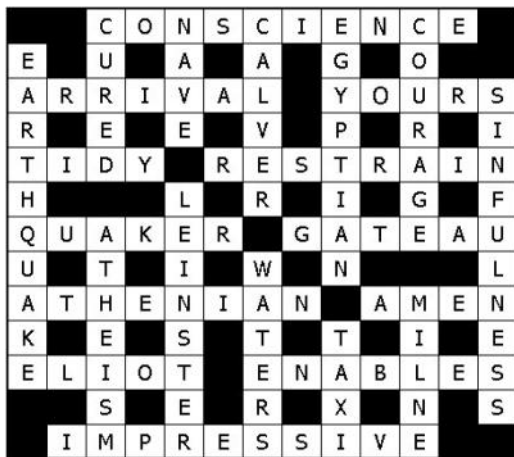
- 1 Military tactic used by Joshua to attack and destroy the city of Ai (Joshua 8:2) (6)
- 4 Place of learning (6)
- 8 'When Moses' hands grew —, they took a stone and put it under him and he sat on it' (Exodus 17:12) (5)
- 9 Unpleasant auguries of the end of the age, as forecast by Jesus (Matthew 24:7) (7)
- 10 Stronghold to which girls in King Xerxes' harem (including Esther) were taken (Esther 2:8) (7)
- 11 Where Saul went to consult a medium before fighting the Philistines (1 Samuel 28:7) (5)
- 12 Propitiation (Hebrews 2:17) (9)
- 17 Turn away (Jeremiah 11:15) (5)
- 19 So clear (anag.) (7)
- 21 'I have just got —, so I can't come': one excuse to be absent from the great banquet (Luke 14:20) (7)
- 22 Long weapon with a pointed head used by horsemen (Job 39:23) (5)
- 23 Musical beat (6)
- 24 What the Israelites were told to use to daub blood on their doorframes at the first Passover (Exodus 12:22) (6)

Down

- 1 Fasten (Exodus 28:37) (6)
- 2 Art bite (anag.) (7)
- 3 'The people of the city were divided; some — with the Jews, others with the apostles' (Acts 14:4) (5)
- 5 Contend (Jeremiah 12:5) (7)
- 6 Possessed (Job 1:3) (5)
- 7 Sheen (Lamentations 4:1) (6)
- 9 'You love evil rather than good, — rather than speaking the truth' (Psalm 52:3) (9)
- 13 Large flightless bird (Job 39:13) (7)
- 14 They were worth several hundred pounds each (Matthew 25:15) (7)
- 15 'A — went out to sow his seed' (Matthew 13:3) (6)
- 16 How Jesus described Jairus's daughter when he went into the room where she lay (Mark 5:39) (6)
- 18 The part of the day when the women went to the tomb on the first Easter morning (John 20:1) (5)
- 20 Narrow passageway between buildings (Luke 14:21) (5)



MAY'S CROSSWORD ANSWERS



THE UNITED CHARITIES TRUST OF KIRKBYMOORSIDE

The aim of the charity is to make small financial grants to help the sick and elderly of Kirkbymoorside in times of need.

If you know of anyone needing a little help please contact one of the following trustees:

Mark Brosnan	431452
Tony Clark	431531
June Cook	431160
Stephanie Hickman	433337
Nigel Richardson	432221
Lesley Temple	431237
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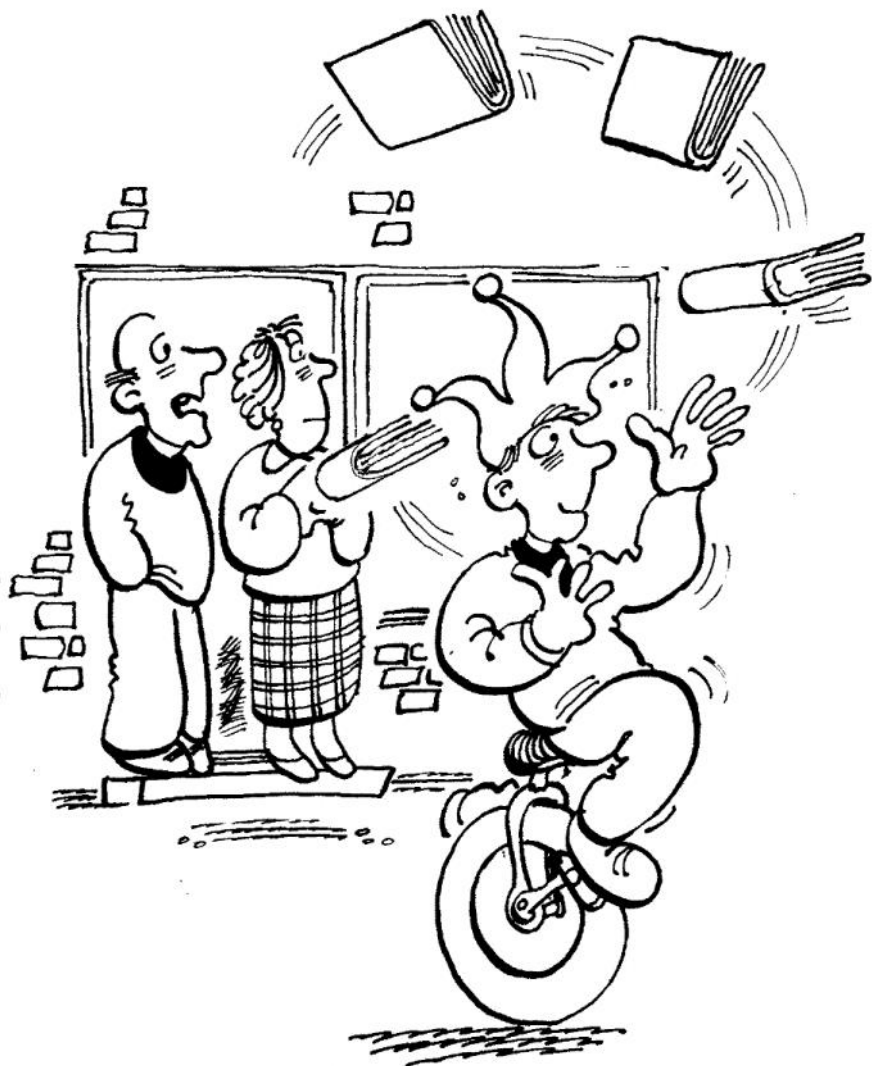
USED ITEMS BEING COLLECTED FOR CHARITIES

Used Postage stamps are being collected for the Leprosy Mission (there is a box at the rear of All Saints')

Bras which are dead, dying, unloved or downright uncomfortable raise funds for breast cancer research and go to help support small businesses in countries such as Togo, Ghana, Kenya and other African countries where local family businesses give them a new lease of life keeping themselves out of poverty and providing bras for local women in areas where they are too expensive to make new locally. A ton of bras raises £700 for research.

Any items left at the back of All Saints' and will be passed on

Anne Warriner 01751 432915 or
e-mail john.warriner252@btinternet.com



*...I think I must have missed that module
when I was at theological college!*

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go in the magazine until the following month